

# 39<sup>th</sup> Annual FREEZE YER GIZZARD BLIZZARD RUN

## 2019 Registration Form

Please print clearly

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_

Gender:  Male  Female



**RACE DAY IS SATURDAY, JANUARY 19<sup>TH</sup>, 2019**

Before Dec. 31<sup>st</sup>, 2018  10K Run - \$40.00  5K Run - \$40.00

After Dec. 31<sup>st</sup>, 2018  10K Run - \$45.00  5K Run - \$45.00

Check here is you will be running both races. 2<sup>nd</sup> race is only \$20

Credit Card # \_\_\_\_\_ Card Exp Date: \_\_\_\_\_

Visa  MasterCard  Discover

Please select your shirt size:

Adult: \_\_\_ x-small \_\_\_ small \_\_\_ medium \_\_\_ large \_\_\_ x-large \_\_\_ xx-large

Child: \_\_\_ small \_\_\_ medium \_\_\_ large \_\_\_ x-large

I am entering this event at my own risk and assume all risk and responsibility for injuries I may incur as a direct or indirect result of my participation in this event. I, for myself, heirs and executors, also agree not to hold any and all participating sponsors and supports, and the directors, employees, and agents of such parties responsible for any claims. I verify that I have full knowledge of the risks involved in this event. I am aware that extreme and/or severe weathers conditions will exist at the time of this event and that I am physically fir and sufficiently trained to participate in it. **Race course personnel will be present on race course until 12:00 PM.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/guardian signature if under 18 years of age: \_\_\_\_\_

Average High Temperature in January is 15.4°  
Average Low Temperature in January is -6.6°  
Record Low Temperature in January -55° (1909)

**Chamber Section:**

Runner's Bib Number: \_\_\_\_\_

**Make checks payable to:**

**Chamber of Commerce**  
(US Funds Only)  
Registrations are non-refundable.

**Mail to:**

International Falls Area  
Chamber of Commerce  
301 Second Avenue  
International Falls, MN  
56649 USA

**Questions:**

1-800-325-5766 or  
1-218-283-9400  
[chamberadmin@intlfalls.org](mailto:chamberadmin@intlfalls.org)  
[www.ifallschamber.com](http://www.ifallschamber.com)

Payment Date: \_\_\_\_\_ Form of Payment: \_\_\_\_\_ Received by: \_\_\_\_\_