

# Freeze Yer Gizzard Blizzard Run Winners

Year	Date	Race	Temp	Windchill	Male Winner	Time	Female Winner	Time
1981	1/17	10K	30		Mike Palmquist, Minneapolis, MN	30:08	Susan Fatted, Thunder Bay, ON	42:39
<b>*1982- Race Shortened to 3.4mi due to dangerous weather conditions</b>								
1982	1/16	10K	-29	-72	Al Meyer, Minneapolis, MN	17:59	Paula McDonald, Winnipeg, MB	20:51
1983	1/15	10K	33		Mike Palmquist, Minneapolis, MN	31:55	Jan Etle, St. Cloud, MN	37:10
1984	1/21	10K	9	-25	Jarrow, Duluth, MN	34:38	Jan Etle, St. Cloud, MN	38:20
<b>*1985- First Year on New Course</b>								
1985	1/19	10K	21		Mike Ivancic, Thunder Bay, ON	33:22	Heather Reiker, Winnipeg, MB	48:20
1986	1/18	10K	21		John Rodney, Cloquet, MN	32:22	Sharon Ollenburger, Duluth, MN	41:49
1987	1/17	10K	-28		Dave Avenson, Cohasset, MN	33:31	Jan Ensurd, St. Paul, MN	43:27
1988	1/16	10K	-8		Dave Avenson, Cohasset, MN	34:35	Mary Jo Anvid, Duluth, MN	41:51
1989	1/21	10K	20		Don Kardong, Spokane, WA	33:38	Jan Whitney, St. Paul, MN	40:20
1990	1/20	10K	5	-20	Tom Zimmerman, St. Cloud, MN	33:20	Nicole Murray, Woodstock, NY	42:48
1991	1/19	10K	-3	-35	Wayne Jowett, St. Louis Park, MN	33:35	Connie Chaney, Cass Lake, MN	43:41
1992	1/18	10K	2		Tim Stratioti	32:48	Debbue Bennett, Cedar	41:52
1993	1/16	10K	8		John Rodney, Cloquet, MN	31:29	Sarah Hagen, Eden Prairie, MN	42:39
1994	1/15	10K	-31		Darcy Ready, Winnipeg, MB	32:29	Dorothy Peters, Scarborough, MA	42:55
1995	1/21	10K	9		Nicholas Matick, Duluth, MN	33:16	Debra Gormley, St. Paul, MN	36:29
1996	1/20	10K	-12	-24	Darren Yakimishvn, Winnipeg, MB	33:37	Janice Gill, St. Germain	39:44
1997	1/18	10K	-17	-45	Darcy Ready, Winnipeg, MB	35:31	Connie Chaney, Britt, MN	44:42
<b>*1998-2008 - Certified Course</b>								
1998	1/17	10K	22		Darcy Ready, Winnipeg, MB	34:41	Kerry Bogenreif, Lino Lakes, MN	48:23
1999	1/16	10K	29		David House, Thunder Bay, ON	36:37	Kim Friday, Thunder Bay, ON	43:19
2000	1/15	10K	20		Tom Heinritz, Duluth, MN	35:39	Jean McCurnin, Mason City, IA	46:19
2001	1/20	10K	0		Jeff Renlond, Minnetonka, MN	33:19	Theresa Felix, Walker, MN	45:02
2002	1/19	10K	16	-10	Anthony Meyers, Duluth, MN	34:54	Kim House, Thunder Bay, ON	43:34
<b>*2003 - First Year of 5k</b>								
2003	1/18	10K	-4	-24	John Ofstedah, Walker, MN	34:20	Kristen Mitchel, DesMoines, IA	42:04
2003	1/18	5K	-4		Josiah Heppner, Warroad, MN	18:57	Amanda Noska, Duluth, MN	21:13
2004	1/17	10K	10		Nicholas Match	35:08	Kati Kaski	40:11
2004	1/17	5K	13		Ryan Davis, Mahtowa, MN	18:22	Theresa Felix, Walker, MN	24:46
2005	1/15	10K	-24	-43	Michael Benchiua, 22, Chisholm, MN	36:02	Brandy Erholtz, 27, Duluth, MN	40:00
2005	1/15	5K	-25		Bill Michl, 49, Fort Frances, ON	22:00	Anna Patten, 32, Baudette, MN	22:45
2006	1/21	10K	3		Michael Benchiua, 23, Chisholm, MN	36:12	Ann Patten, Baudette, MN	42:50
2006	1/21	5K	2		Marshall Milbrath, 21, New Ulm, MN	19:20	Michelle Korpi, 30, Fort Frances, ON	25:12

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<b>*2007 Festival changed to Blast on the Border and dates changed to February 15-18, 2007</b>								
2007	2/17	10K	4		Michael Benchiua, 24, Chisholm, MN	36:30	Brandy Erholtz, Duluth, MN	38:02
2007	2/17	5K	6		Andrew Friesen, 16, Emo, ON	19:35	Mellisa Goodwin, 28, Winnipeg, MB	20:07
2008	1/19	10K	-24	-42	Michael Benchiua, 25, Chisholm, MN	37:03	Melissa McCarthy, Minneapolis, MN	43:52
2008	1/19	5K	-28	-42	Edwin Koepf	20:34	Sarah Fraser, ONT	22:11
<b>*2009 - First Year on new course through downtown</b>								
2009	1/17	10K	4		Ryan Evans, Lino Lakes, MN	37:37	Ashleigh Dutton, Fort Frances, ON	48:34
2009	1/17	5K	0		John Kretschner, Circle Pines, MN	21:18	Anna Gunderson, Int'l Falls, MN	22:52
2010	1/16	10K	31	22	Brian Davenport, Minneapolis, MN	35:33	Jennifer Jones	40:56
2010	1/16	5K	31	22	Tyler Lehman	19:38	Hailey O'Donnell	23:22
2011	1/15	10K	5		Kyle W. Smith	35:03	Serena Sullivan	43:38
2011	1/15	5K	5		Cameron Economy	21:03	Serena Sullivan	21:59
2012	1/21	10K	-11		Matt Longen, Centreville, MN	34:43	Nicole Rogozinski, Fort Frances, ON	44:37
2012	1/21	5K	-13		Keith Thompson, Duluth, MN	19:22	Victoria Alexander Atikokin, ON	22:41
2013	1/19	10K	14		Matt Langen, 19, Centerville, MN	36:55	Jill Kari, 33, Superior, WI	47:17
2013	1/19	5K	16		Zach Brintz, 20, Lino Lakes, MN	20:03	Alison Hanig, 32, Duluth, MN	23:56
2014	1/18	10K	-2		Brian Davenport, Minneapolis, MN	35:47	Alison Hanig, 33, Duluth, MN	45:43
2014	1/18	5K	-11		Nathan Wisheart, Duluth, MN	20:42	Alison Hanig, 33, Duluth, MN	23:02
2015	1/17	10K	25		Kyle Smith, 27, Silver Bay, MN	34:18	Molly Pennings, 39, Culver, MN	43:09
2015	1/17	5K	24		Mike Ward, 25, Duluth, MN	18:37	Molly Pennings, 39, Culver, MN	22:03
2016	1/16	10K	-10		Nick Nygaard, 25, Duluth, MN	36:11	Savannah Kent, 25, Duluth, MN	43:19
2016	1/16	5K	-12		Dennis Curran, 33 Plymouth, MN	18:09	Savannah Kent, 25, Duluth, MN	20:59
<b>*2017 - First Year on new course starting/finish/Headquarter at Backus Community Center</b>								
2017	1/21	10K	34		Robert Economy, 53, Victoria, MN	38:09	Savannah Kent, 26, Duluth, MN	44:34
2017	1/21	5K	33		Brian Davenport, 42, Minneapolis MN	18:16	Savannah Kent, 26, Duluth, MN	21:38
2018	1/20	10K	28		Matthew Schmidt, 44, St. Paul, MN	40:56	Amber Hardwig, 42, Duluth, MN	47:51
2018	1/20	5K	27		Hunter Wilson, 17, Int'l Falls, MN	18:48	Priscilla Miller, 37, Fort Frances, ON	21:48
2019	1/19	10K	-26		Kyle Smith, 31, Duluth, MN	37:16	Ashley Shoquist, 36, Oshkosh, WI	51:45
2019	1/19	5K	-36		Hunter Wilson, 18, Int'l Falls, MN	18:56	Priscilla Miller, 38, Fort Francis, ON	22:11
2020	1/18	10K	19		Aiden Winn, 24, Red Wing, MN	42:15	Hailey Beaudry, 22, Fort Frances, ON	48:35
2020	1/18	5K	19		Aiden Winn, 24, Red Wing, MN	20:15	Priscilla Miller, 39, Fort Frances ON	25:06