

Panelist: Caren McSherry, Owner, *The Gourmet Warehouse*

Caren's professional training began at the Cordon Bleu in London, England. Her culinary education continued throughout the world, including the Culinary Institute of America, The Thai Cooking School in Bangkok & Japanese Food Art in Tokyo. In 1978 she founded Caren's Cooking School, which now is one of Canada's longest running, privately owned schools.

Caren's love of good food inspired the innovative concept of, "THE GOURMET WAREHOUSE" - the first store of its kind in Canada to unite gourmet specialty foods, kitchenware and supplies offering more than 28 thousand sku's. Her other company "Continental Importers" is responsible for seeking out and obtaining the international food procurement to keep both companies on the cutting edge of food trends.



Caren has recently been inducted into the BC RESTAURANT HALL OF FAME, has been included in Business in Vancouver's top 25 performing businesses in British Columbia owned by women, recipient of the Vancouver Board of Trade Wendy McDonald award for Entrepreneurial innovation 2017, and is Where Magazine 2016 Trailblazer.

The Gourmet Warehouse has been nominated by GIA, to represent Canada in Chicago against 28 countries worldwide to become the Global innovator of the year. Her professional life seems to balance itself with her adult children, daughter Christina and son Jason.



Wednesday, May 17, 2017

7:30 – 11:30AM

Hard Rock Casino Vancouver

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