



**BOYS & GIRLS CLUBS**  
OF METROWEST

## **Volunteer Opportunities Available**

### Mentor a Child:

Volunteers may choose 1 day per week to volunteer directly with our kids. We recommend a 1 hour commitment for a minimum of 8 weeks. Our Clubs are located in Framingham, Hudson & Marlborough. Program areas include:

#### **Learning Center**

Mon-Fri 2:30-6pm

Offer 1 on 1 help to children in grades 1-6 in various academic areas. Will need volunteers to implement activities like trivia contests, spelling bees, homework help and more.

#### **Recreation Assistant**

Mon-Fri 2:30-6pm

Will work with Recreation Coordinator and Program staff to run daily tournaments that include pool, foosball, nok hockey, ping pong, etc.

#### **Computer Clubhouse Assistant**

Mon-Fri 2:30-6pm

Offer help in the Intel Computer Clubhouse. Will need volunteers to help members get familiarized with PC's and its functions. The computer clubhouse is equipped with new PC's with high-end software, music studio and a video editing center.

#### **Sports Assistant**

Mon-Fri 2:30-6pm

Will work with Recreation Coordinator and Program staff to run daily gym games.

#### **Teen Nights**

Mon-Fri 6pm-9pm

Will work with Teen Night staff to implement teen appropriate activities. Help with Friday Night Football Field Trips and Dinner a Movie Nights.

#### **Teen Center**

Mon-Fri 6pm-9pm

Will work with Teen Night staff to implement teen appropriate activities. Help with Friday Night Football Field Trips and Dinner a Movie Nights.

### Volunteer Your Talent:

Share your expertise in the areas of marketing, public relations, events, project management or fundraising to benefit the kids that need us the most.

For more information about these volunteer opportunities please call our Development Office at 508.485.4912. Thank you for your interest in our kids and our Clubs!

Visit us online at  
[www.bgcmetrowest.org](http://www.bgcmetrowest.org)