



Dementia Friendly Waunakee



DECEMBER 2018

UPCOMING EVENTS

Memory Café

First Thursday of each month

9:30—11:00 a.m.

Steeplechase

Condominium Clubhouse

5636 Conway Glen,

Waunakee



Santa visits the Memory Cafe December 2017.

Caregiver Support Group

Third Wednesday of each month.

3:30-5:00 p.m.

Waunakee Senior Center

Parkinson's

Support Group

Fourth Tuesday of each month.

2:00 p.m.

GREETINGS

Becoming a dementia friendly business means enabling people to carry on doing the things they want to do. When you are a trained business you are helping people to live well with dementia—allowing them to be a part of the community and being able to continue doing everyday tasks. Your training helps you recognize the challenges faced by those with a dementia disease and their care partners.

Since the July newsletter we've added the following to our list of trained Waunakee businesses and organizations—Waunakee American Legion, Back in Action and Waunakee Village Hall.

Many thanks to all those who have been trained and here's hoping that list will grow in the new year.



Waunakee Village Hall staff were trained November 13

Music & Memory Program

Want a special holiday-themed playlist? Check out Waunakee Library's Music & Memory program.

The Library will create a holiday playlist (or any other themed playlist) for people with dementia or other memory impairments. Music is tied to emotions and memories. Personalized music has the power to unlock memories lost to dementia.

The Library will supply the MP3 player and headphones at no cost. You may keep the MP3 player for as long as you'd like.

For more information, call Courtney at the Waunakee Library (608) 850-2533.

The following businesses and organizations have been trained to be Dementia Friendly:

Waunakee American Legion

Back in Action

BMO Harris Bank

Capital Physical Therapy

Edward Jones

First National Bank

First Presbyterian Church

Knights of Columbus

LSM Chiropractic

Midwest Dental

Old National Bank

Peace Lutheran Church

St. Vincent De Paul

St. John's Caregivers

State Bank of Cross Plains

Van Go Taxi

Village Center

Walgreens

Waunakee American Legion

Waunakee Community Bank

Waunakee Ecumenical Board

Waunakee Library

Waunakee Neighborhood Connection

Waunakee Police

Waunakee Poll Workers

Waunakee Post Office

Waunakee Public Works

Waunakee Rotary

Waunakee Senior Center

Waunakee Village Hall

Westport Town Hall