

## MENTAL HEALTH TAKES ITS TOLL

a person's condition with regard to their psychological and emotional well-being that may cause suffering, or a poor ability to function in life.

# 90%

of those who died by suicide had an underlying mental illness

# 10.2 MILLION

adults have co-occurring mental illness and addiction disorders

# \$193 BILLION

the cost of lost earnings due to mental illness across America annually

# \$2,400

average annual substance abuse treatment cost for an adult

# \$55,000

average annual prison cost for a drug offender

# 53%

of HR staff have found themselves providing counseling to staff

# 69%

of adults are put back to work after seeking treatment

## TREATMENT SUCCESS RATES

MENTAL ILLNESS		OTHER ILLNESS	
80%	Depression	52%	Lung Cancer
60%	Substance Abuse	50%	Heart Disease

# 93%

of offenders who complete community drug treatment do not re-offend

## 1 IN 6 WORKERS EXPERIENCE DEPRESSION, ANXIETY OR STRESS

# \$1,685

the annual productivity loss per employee due to emotional stress

**JOIN US FOR AN EDUCATION SESSION** (food and beverages provided)

 August 15th | 3:30 – 4:30pm

Community Health Pavillion | 9669 E. 146th Street, Noblesville, IN 46060

# PROGRAM SERVICE OPTIONS

Noblesville Chamber of Commerce members with at least 50 employees or Noblesville Chamber of Commerce Member groups whose employees (in aggregate) add up to at least 50 have the option to purchase benefits from the following three-tiered service options. In order to provide the most optimally effective services and programming chamber member participating companies will be grouped in "like" industries in order to maximize benefit.

## SERVICES INCLUDED

### OPTION 1 \$2.92 PE/PM

#### EAP - Employee Assistance Program

- Program Promotion / Branding
- Direct Confidential Face-to-face Employee Counseling
- Convenient Local Facilities plus National Affiliates
- Management Consultation and Services (as requested)
  - Critical Incident Stress Management: A qualified therapist will provide immediate intervention for staff exposed to a catastrophic event.
- Employee Education / Communication
  - Newsletters
- Reporting and Program Strategy (Quarterly)

### OPTION 2 \$4.17 PE/PM

#### Includes *Option 1* & Healthy Lifestyle Programs with Communication & De-Escalation Skills (total of 3 programs/year)

- Healthy Lifestyle Programs can include:
  - Manage a healthy diet for families "on the go"
  - Understanding how to manage and care for elderly parents / relatives with physical or mental issues due to the aging process
  - Learn techniques to balance a hectic schedule with a healthy lifestyle, etc.
- Training for leadership and managers to recognize an employee with a potential or existing crisis incident/issue (as requested).
- Understanding what to do in the event that an employee crisis situation arises
- Training programs to be facilitated at a common central site location to allow all participating group members to attend.

### OPTION 3 \$7.17 PE/PM

#### Includes *Options 1 & 2 plus Environmental Safety Assessment/Training* (combined total of six sessions/year)

- Training for leadership and employees of what to do if a critical event occurs such as:
  - Tactical and Aggression/Assault De-Escalation Management
  - Risk Assessments/Safety Audits for physical assets and liabilities
    - Assessments conducted "on-site" by highly trained law enforcement professionals
  - Connects business owners, leaders and managers with first-responder professionals

Training programs to be facilitated at a common central site location to allow all participating group members to attend.