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Duncan Cowichan Chamber of Commerce eNews - September 11/15

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3rd Annual Business Showcase is Fri. Oct. 23/15

Travelodge Silver Bridge Inn

[Exhibitor Info & Schedule](#)

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Chamber Events

[More Than A Mixer at Cowichan Sound & Cellular Sept. 22](#)

Cowichan Sound & Cellular is hosting More Than A Mixer on Tues. Sept. 22. This is a themed event (but that's top secret for the moment!), with a Fitbit grand prize, and more fun. Chef Terry from the [OceanView Restaurant](#) in Cowichan Bay is making some special creations just for this event! And we'll enjoy [Cherry Point](#) wines. (There will be non-alcoholic options too.) Plus, Telus will be there with information about the recent upgrade that now supplies our area with high grade, super fast fiber optic technology - meaning more and better Internet access and communication for business and home.

More Than a Mixer - [Cowichan Sound & Cellular](#)

Tues. Sept. 22, 5:30 pm

951 A Canada Ave.

Free to Members & Guests

RSVP to chamber@duncancc.bc.ca | 250.748.1111

[Luncheon at Providence Farm - Sept. 24](#)

We are looking forward to the hospitality of the folks at Providence Farm on Thurs. Sept. 24. Guests will enjoy some farm to table menu items - grown right on site. We will learn about the suite of programs Providence provides to Cowichan, and why volunteers come from all over the world to contribute their labour and expertise.

Guests will enjoy a chance to win a door prize too.

Luncheon at Providence Farm

Thurs. Sept. 24

1847 Tzouhalem Rd.

11:30 Networking & Check-in | Noon Buffet & Presentation | 1 pm Wrap

Members: \$29 | Non-Members \$30

[Please register online](#), or contact [Elizabeth Croft](#) | 250.748.1111



Providence Farm is a Therapeutic Community, dedicated to restoring the spirit & skills of those with physical, mental and emotional challenges.

[Open House at Forever Fit - Sept. 30](#)

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[Cowichan's Community Profiles](#)

[Tourism Cowichan Stakeholder Information](#)

[BizPal: 1 Stop Business Permitting](#)

[Trades in BC Overview from Industry Training Authority](#)

[Canada-BC Jobs Grant](#)

[CVRD Meetings](#)

[Duncan Council Mtgs](#)

[North Cowichan Mtgs.](#)

Forever Fit is having an Open House the evening of Wed. Sept. 30. hosted in Forever Fit's bright and airy neighbourhood fitness studio. This facility is designed and outfitted for fun, effective activities for every fitness level. You'll meet happy, long-term clients who make up the Forever Fit community. Host, Forever Fit owner, and accredited Fitness Expert Nancy McNeil will be there to share her expertise. Snacks and beverages (both alcoholic and non) will be served. Come join the fun and meet the members.

Open House at Forever Fit

Wed. Sept. 30, 4 - 8 pm

5837 Brier Ave, N. off Tzouhalem just E of Lakes Rd. intersection

Please RSVP directly to Nancy McNeil of Forever Fit

250.510.0595 | nancyisforeverfit@gmail.com

Chamber Events 2015/16

Oct. 6	All Candidates Meeting , Federal Candidates
Oct. 14	Directors & Officers Liability Insurance with Don Hatton
Oct. 23	Business Showcase , Seminars & Monthly Luncheon: Marketing Analysis for Sm. Bus seminar; Digital Marketing for Sm. Bus, & Chamber Luncheon with Aerospace Industries Assoc. of Canada presenting
Oct. 28 & 29	Lvl. 1 First Aid. Accredited & special Members-only pricing!
Nov. 4	Introduction to Google Analytics with Radar Hill Technology
Nov. 5	Mixer at Dwight School Canada
Nov. 24	Chamber AGM
Nov. 26	Luncheon: John Elzinga of the CVRD presents on Sport Tourism
Jan. 28/16	Luncheon: Steelhead LNG Presenting
Feb. 18/16	Luncheon: Mike Corrigan Pres. & CEO BC Ferries Presenting
April 9/16	Black Tie Awards 2016
April 28/16	Luncheon: Greg Engle, CEO of Tilray (Medical Cannabis) Presents

All Candidates Meeting OCT 6

All Candidates Meeting - Oct. 6

The Chamber is holding an All Candidates' Meeting for the Federal Election on Tues. Oct. 6, 7 pm at the Cowichan Performing Arts Centre. **This is a free, public event**; please mark your calendars.

Special thanks to **Amber Education, Cardino Shoes, Outlooks Menswear, Valley Life Insurance Solutions and Unique Home Health Care** for sponsoring!

All Candidates Meeting - Federal Election

Tues. Oct. 6, 7 pm

Cowichan Performing Arts Centre

chamber@duncancc.bc.ca | 250.748.1111



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Bid](#)

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Quick Links

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Registration for 3rd Annual Business Showcase 50% Sold

Registration is now open for the Chamber's 3rd Annual Business Showcase on Fri. Oct. 23 at the Travelodge Silver Bridge Inn. The price is the same - just \$100 for a 6 or 8 foot table. Power is included on a first come, first served basis. This year we've added a second morning seminar and members can attend both sessions for just \$20. Similar last year, your registration includes attendance for 1 individual at both morning seminars. That's great value for your dollar!

The [Chamber luncheon takes place onsite](#), also on Oct. 23. We'll have a guest speaker presenting on BC's Aerospace Industry, with an emphasis on the activity on Vancouver Island. Based on previous years' experience, we often receive registration requests after spaces sell out. So, check the information and your schedules - we hope we'll be seeing you at the Business Showcase this Oct. 23.

[Download Information & Registrations: 3rd Annual Business Showcase Oct. 23](#)

Chamber News

Staples Advantage Program Additional Services

Chamber members throughout BC have excellent savings when they sign up for the Staples Advantage Program. And they've just added flower delivery, to anywhere in Canada, to their services. Their newsletter, "EasyNews" also offers concise research and articles on workplace issues.

[Advantage Program for Chamber Members](#)

[Current Issue easynews](#)

Introducing Luncheon 5-Pack - Prepurchase Chamber Luncheons

The new Luncheon 5-Pack is proving to be very popular - we've already pre-sold about 60 luncheon seats. Available in packs of 5, these prepaid seats can be applied to any Chamber luncheons during the 2015/16 season. They are transferable to anyone in your company ... just be sure to RSVP.

[Email Elizabeth Croft to Purchase Your 2015/16 Luncheon 5-Pack](#)

Chamber Luncheons for 2015/16

Thurs. Sept. 24/15: [Providence Farm](#)

Thurs. Oct. 23/15: [Aerospace Industries Association of Canada Pacific](#)

Thurs. Nov. 26: [Sport Tourism in Cowichan, John Elzinga of the CVRD](#)

Thurs. Jan. 28/16: [Steelhead LNG regarding Malahat & Port Alberni projects](#)

Thurs. Feb. 18/16: [BC Ferries Pres. & CEO Mike Corrigan](#)

Thurs. Apr. 28/16: [Tilray CEO Greg Engle \(Medical Cannabis Sector\)](#)

Visitor Centre News

Firewood Permits Now on Sale at CRVC - For Cutting Sept. 12 & 13

Firewood Permits for Island Timberlands Dahl Main are now available at the Cowichan Regional Visitor Centre (CVRC) for cutting firewood **this coming weekend: Sept. 12 & 13.**

Timberlands Firewood Permits Avail. Cowichan Regional Visitor Centre

Pick-up load \$20 per day,

Pick-up & trailer load \$40 per day

The CVRC is open 9 am - 5 pm, Mon - Sat., & Sunday's 10 am - 2 pm

Coming Soon

Open House - Friendship FUNdamentals Learning Center Sept. 11 - 14, TODAY

Chamber members are invited to the Friendship FUNdamentals Open House on Sept. 11 - 14. Drop in anytime between 10 am - 2 pm each

FRIENDSHIP FUNDAMENTALS

day. Located on an idyllic 5 acres in Maple Bay, the Centre supports home schooled children - special needs children develop the ability to learn social thinking and self regulation skills. FUNdamentals Learning offers behaviour support, family therapy and group recreational activities. The children participate in organic gardening, building projects, animal care, and they learn about the environment. Facilities include an indoor and outdoor sensory gym, workshop, and greenhouses. Come by during the Open House Sept. 11 - 14 to see all Friendship FUNdamentals has to offer.

Friendship FUNdamentals Learning Centre

Open House - Sept. 11 - 14

6616 Genoa Bay Rd.

250.221.0679 | jaimenh3@hotmail.com

Ribbon Cutting at Noon on Sept. 11

Cowichan Valley Arts Council (CVAC) Launches Word & Vision Exhibit and Book Now thru 29

The Cowichan Valley Arts Council is launching the exhibit A Vision of Words and their newly published companion book "Word & Vision: Creative Collaborations". The Exhibit shows collaborative works from writers and visual and performance artists. The show runs from Sept. 9 - 29 at Portals in James St. The book launch is the opening night of the show, Sept. 9. 6:30 - 9 pm.

Word & Vision Exhibition

Exhibit runs until Sept. 29

Portals, 2687 James St.

Cowichan Capitals Home Opener TONIGHT - Sept. 11, 7 pm

The Cap's play the Victoria Grizzlies in the season opener at the Island Savings Centre tonight. Tickets are available at the door or call 250.748.PLAY

Cowichan Capitals Home Opener - TONIGHT

Fri. Sept. 11, 7 pm

Tickets at the door, or call

250.748.PLAY



vs.



Refugees in Crisis Information Night - Sun. Sept. 13, 6:30 pm

Many in the Cowichan community are reacting to the recent refugee crisis, and wondering about what actions they can take, what is needed, and how the process works. The Cowichan Intercultural Society (CIS) presents Refugees in Crisis Information Night on Sunday Sept 13 from 6:30 to 8 pm at the Hub Annex, 2375 Koksilah Rd. in Cowichan Station. Everyone is welcome to attend this free information session, get answers to their questions and participate in the discussion.

Cowichan Intercultural Society - Refugees in Crisis Information Night
Sun. Sept. 13, 6:30 - 8 pm
Hub Annex, 2375 Koksilah Rd., Cowichan Station

This Just In ...

CVRD - Preparation for Dike Construction - Tree Removal on Cowichan River

As a component of the critical infrastructure upgrades to protect the core of the City of Duncan and the Koksilah Industrial area, limited and selective removal of trees along the Cowichan River upstream of the Highway began this week in preparation for new dike works. [More details here.](#)

Senior Staff Changes at School District 79

Robert Harper, Secretary-Treasurer for the Cowichan Valley School District, has announced his retirement effective Oct. 31/15. Mr. Harper joined the School District in March 2009, after a long career in the local government sector. He quickly established himself as a highly respected and reflective leader in the District; his wisdom and visionary approach contributed greatly to the success of the organization. [Read the full Press Release here.](#)

The Board of Education is delighted to announce the appointment of Mr. Jason Sandquist, CPA, CGA, BAccS to the position of Secretary-Treasurer of the School District effective Nov.1/15. Mr. Sandquist joined the School District in May of 2000 as Controller and is currently the Assistant Secretary-Treasurer. Having spent the last 15 years at the Cowichan Valley School District, he is well versed in District procedures and history, and able to smoothly transition into his new position. [Read the full Press Release here.](#)

Social Media is Simple - Marketing Seminar on Blogging, Wed. Sept. 23

Introducing the Fall Lineup of Public Social Media Marketing Seminars! The first session covers blogging. A Blog is a pivotal point of any business's online marketing program. Yet, many businesses hope that social networks will do the job for them! Times keep changing in Social Media of all descriptions. Join us, learn about the golden value of a Blog! As the Title says 'Blogging with Brenda' - The What, Why and When. Click on the link for an easy online purchase of tickets. Special discounts apply to [Social Media Is Simple](#) clients.

Blogging with Brenda: The What, Why & When - Social Media is Simple Seminar

Wed. Sept. 23, Noon - 1 pm

[Now Accepting Online Registrations](#) | Location to come

Watch for the next Social Media is Simple seminar - Instagram



Social Media is Simple
TRAINING. COACHING. PLANNING. MARKETING

[English Language Instruction for Newcomers - Cowichan Intercultural Society](#)

The Cowichan Intercultural Society (CIS) is pleased to announce registration has begun for another season of LINC (Language Instruction for Newcomers to Canada.) Classes provide basic and intermediate level English training for adults and are free to eligible new and returning students. LINC assists newcomers with four language skills: listening, speaking, reading and writing. Field trips and guest speakers make the classes interesting and help students learn about life in Canada, while providing opportunities to practice English.

Contact the Intercultural Society for details or to enroll: settlement@cis-iws.org

[Cowichan Collision Celebrates 50 Years in Business](#)

Cowichan Collision just celebrated 50 years in business. Hugh Melson opened the business in 1965. His two sons Rick and Ron took over when Hugh retired. Ron is now the sole proprietor as Rick retired 3 years ago.

[Cowichan Collision](#)

5194 Mearns Rd

cowcol@shaw.ca | 250.746.7532



[CVRD Releases Safety Report Card](#)

The Community Safety Advisory Commission recently released their report card for 2014. The year's activities were highlighted by the creation of a Youth Safety Lens created by youth throughout Cowichan. The Commission has helped leverage approx. \$180,000 in grants to improve safety and related services in Cowichan since 2010.

[CSAC Report - 2014](#)

[Got Apples? Get Juiced! Apple Press at BC Forest Discovery Ctr Sept. 26 - 2 for 1 Admission](#)

The Gardening Guru is bringing a mobile apple press to the parking lot of the BC Forest Discovery Ctr. on Sat. Sept. 26. Everyone is invited to bring their own apples or buy apples at the event for just \$0.40 a pound (!!!). Pressing starts at just \$8.56 per container of liquid pressed. The juice can emerge pasteurized, or you can leave it unpasteurized for use in cider or wine. Juice is packaged into a convenient 5 litre foil bag in a cardboard box. No need to freeze, and it's health approved to store up to 6 months on the shelf. **PLUS - everyone who brings/buys apples for pressing gets special TWO for ONE tickets for the train ride!** The mobile apple press is provided by Pressing Matters. You'll find apples from Keating Farm, Alderlea Farm, Cowichan Green Community and the Forest Discovery Heritage Orchard.



Apple Pressing - BC Forest Discovery Centre

Sat. Sept. 26

Trans Canada Hwy & Bell McKinnon Rd.



Gardening Guru

ZUK DESIGN

[Zuk Design - New Website & Enhanced Services for Your New Website Too!](#)

[Zuk Design has a new website!](#) It's 100% responsive for optimal display on any device. Zuk Design now designs website in CMS - meaning Zuk will create a site for your business that you or your staff can easily edit and update.

[See all the details here.](#)

[View the Zuk Design Portfolio here.](#)

[New Commemorative \\$20 Bank Note Now in Circulation](#)

The Bank of Canada has issued a \$20 bill honouring Queen Elizabeth's 63-year



reign. The Bank will issue 40 million commemorative notes - or about 5% of the \$20's in circulation. This commemorative **note has the same security features** as notes in the current *Polymer* series. The difference is that the large window contains new visual elements: click on the video for details.

[Commemorative \\$40 Note \(2015\)](#)

[Security Features Fact Sheet for Download](#)

[8 decades of Queen Elizabeth's Image on Canadian Currency](#)

Bank note equipment owners should consult their manufacturer or supplier with any questions about machine compatibility.

Member News

[Cowichan Therapeutic Riding - Job Opening - Program Assistant](#)

The Cowichan Therapeutic Riding Association is looking for a dynamic individual to join our team. The Program Assistant serves multiple roles within the organization. The Program Assistant's primary duties are to work in the capacity of reception and administrative assistance.

[Click here for complete job description and posting.](#)



[Ken Lavigne Performs at Red Serge Dinner - Supports Tour de Rock - Sept. 29](#)

The Red Serge Dinner has very special guest this year - Ken Lavigne will be performing! The dinner is being held at a NEW location - Mellor Hall at the Cowichan Exhibition Grounds. Cocktails start at 5:30pm, Dinner at 6:30pm and the amazing musical stylings of Mr. Lavigne at 7:30 pm. There are lots of ways to help the kids and get something great for yourself with a raffle, and silent or live auction items. Tickets are on sale now and cost just \$40. You can purchase your ticket in any of these convenient locations: Coast Capital Savings Branches, Canadian Cancer Soc. at 394 Duncan St., 89.7 Juice FM, and the RCMP Detachment.

Ken Lavigne Performs at Ted Serge Dinner - in Support of [Tour de Rock](#)

Tues. Sept. 29, 5:30 pm

Mellor Hall, Cowichan Exhibition, 7380 Trans Canada Hwy.

For details contact: David Armstrong 250.701.4101 | jbaker@vistaradio.ca



[Trans Mountain Expansion Project - New Procurement Newsletter.](#)

Trans Mountain has launched a [procurement newsletter](#) with the latest information on the estimated construction schedule, procurement objectives and the products and services they will need. If approved, early works could begin in June 2016, followed by pipeline construction in Sept./16. The Project is anticipated to require approximately \$4.5 billion in goods and services. If you see products or services you can provide, [register online here](#).

All individuals and businesses signing up through the registry will receive a call from the procurement team and receive additional information.

[Trans Mountain Expansion Project - Procurement](#)

[Procurement Newsletter](#)

[Register as a potential provider](#)

[Exclusive Limited-Time Offer from St. John Ambulance FREE Wall-Mount for New AED's](#)

Purchase a new Powerheart® G5 Automated Electronic Defibrillator between Sept. 1 - Nov. 30/15 and get a security-

enabled wall-mount cabinet FREE - a \$249.00 value!*

[Click here for the details, and to order.](#)

Cowichan Estuary Restoration & Conservation Assoc Fundraiser - Oct. 9

The Cowichan Estuary Restoration and Conservation Association (CERCA) invites you to their fundraising dinner to support priority projects in the Cowichan Estuary. Guests will enjoy a fine dinner and art auction and spectacular views of Gulf Islands and Mount Baker at the Arbutus Ridge Banquet Room. An auction of exquisite original pieces of art will be the highlight of the evening presented by well-known artist, and witty auctioneer **Will Millar**. Grammy-nominated pianist **Michael Creber** provides the musical entertainment. RSVP's requested by Sept. 15.

CERCA Fundraising VIP Dinner & Art Auction

Fri. Oct. 9, 6 pm

Arbutus Ridge Golf Club

1500 Telegraph Rd.

\$150 ea, Table Wine Included

RSVP by Sept. 15: weber_beate@t-online.de | 250.748.4878

[Please click here to share this invitation](#)

Sponsored by Island Savings, a Division of First West Credit Union

VIEA OCT 28 and 29 - Are you planning to attend?

Vancouver Island Economic Summit is Oct. 28 and 29 in Nanaimo. Great line up of keynote speakers and concurrent sessions, including:

Tackling the Downside of the Tourism Upswing

Registration available for the 2-day Summit [here](#)

United Way Kick-Off Pancake Breakfast & Fundraiser - Sept. 19



The United Way Kick-Off Breakfast takes place in Charles Hoey Park, in downtown Duncan. You'll enjoy live entertainment, 50/50 draw, and raffles. Breakfast available by donation. This fun family event runs Sat. Sept. 19 from 9 - 11 am.

United Way Kick-Off Pancake Breakfast & Fundraiser

Sat. Sept. 19, 9 - 11 am

Charles Hoey Park in downtown Duncan

250.748.1312

Cowichan Therapeutic Riding Associations' Annual Round-Up Fundraiser - Sept. 26

The Cowichan Therapeutic Riding Association (CTRA) is excited to announce that they will be holding their second annual Round Up Fundraiser on Saturday September 26 2015. This year's event will be a dance party held at the Eagles Hall in Duncan (2965 Boys Road, Duncan) and will feature the live rock stylings of local band Thor and the Thundercats. Other event entertainment includes raffles, door prizes, and a silent auction. CTRA is looking to raise funds to cover the costs of feeding the association's charity horses. The goal is to raise \$35,000 - enough to feed the entire herd for a year.

CTRA's Annual Round Up

Amazing Video

[Duncan Cowichan Chamber of Commerce](#)

896 Drinkwater Road
Duncan, BC V9L 6C2

E: chamber@duncancc.bc.ca | T: 250.748.8222 | F: 250.746.8222

The Chamber eNews is disseminated to the community every Friday and Member and Member news. Please send your news to chamber@duncancc.bc.ca by noon on Thurs. for the Fri. eNews. Fifty word maximum, please be sure to include date, time, location, and price as appropriate. We include links, contact information & social media. Items may be edited for brevity & clarity. Images should be suitable for thumbnail size. Items run for 3 - 4 weeks.
