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Duncan Cowichan Chamber of Commerce eNews - September 25/15

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Proud member of ...



3rd Annual Business Showcase is Fri. Oct. 23/15
Travelodge Silver Bridge Inn
[Exhibitor Info & Schedule](#)

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Celebrating 30 Years

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Benefit Providers

Chamber Events & News

Luncheon 5-Packs - Great Value & Flexible Too!

Our new 5-packs are proving very popular. They are flexible - you are purchasing 5 seats - so you can use them in any configuration you choose, for anyone in your business or to bring a guest! We have a great line of speakers for the next 7 lunches. 5-packs are the route to go if you are considering attending 3 or 4 lunches this year, or wish to share among your office or, invite your clients.

[Contact Elizabeth Croft to purchase your 5-Pack](#)

Remember - we still require your RSVP to have an accurate head count!

Lunch 'n Learn - Somenos Marsh - Sept. 29 Noon

Somenos Marsh is one of Cowichan's natural treasures. Bursting with life, it's one of North America's busiest avian flyways and a rare conservation of wetlands' creatures and plants. Come and become acquainted with this very special place, its complexity, trails, beauty, birds and more. Plus, our host Phil Jennings will give us a preview of this year's Wild Wings Festival. This is a rain or shine event in the outdoor lecture area, just a few steps from parking. We'll be on the boardwalk which is puddle-free and suitable for most footwear.

Somenos Marsh - Lunch 'n Learn

Tues. Sept. 29, Noon - 1 pm

Somenos Marsh, access from Trans Canada parking lot, just north of Beverly St. intersection, northbound lane.

Please RSVP to: chamber@duncancc.bc.ca | 250.748.1111

Open House at Forever Fit - Sept. 30

Forever Fit is having an Open House the evening of Wed. Sept. 30. hosted in Forever Fit's bright and airy neighbourhood fitness studio. This facility is designed and outfitted for fun, effective activities for every fitness level. You'll meet happy, long-term clients who make up the Forever Fit community. Host, Forever Fit owner, and accredited Fitness Expert Nancy McNeil will be there to share her expertise. Snacks and beverages (both alcoholic and non) will be served. Come join the fun and meet the members.

Open House at Forever Fit

Wed. Sept. 30, 4 - 8 pm

5837 Brier Ave, N. off Tzouhalem just E of Lakes Rd. intersection

Please RSVP directly to Nancy McNeil of Forever Fit

250.510.0595 | nancyisforeverfit@gmail.com



All Candidates Meeting - Oct. 6

The Chamber is holding an All Candidates' Meeting for the Federal Election on Tues. Oct. 6, 7 pm at the Cowichan Performing Arts Centre. **This is a free, public event; please mark your calendars.**



All Candidates Meeting - Federal Election

Tues. Oct. 6, 7 pm

Cowichan Performing Arts Centre

[Chamber Members](#)



Business Resources

[LNG Buy BC: Register Your Business for LNG Sector & International Opportunities](#)

[Cowichan's Community Profiles](#)

[Tourism Cowichan Stakeholder Information](#)

[BizPal: 1 Stop Business Permitting](#)

[Trades in BC Overview from Industry Training Authority](#)

[Canada-BC Jobs Grant](#)

[CVRD Meetings](#)

[Duncan Council Mtgs](#)

[North Cowichan Mtgs.](#)

[Small Business BC - Webinars & More](#)

[Official Trade & Investment Site for BC](#)

[Mentorship BC](#)

[Province of BC - Business Management Tools](#)

Opportunities

[Chamber Job Board](#)

[Global Vocational Job](#)

Chamber Events 2015/16

Oct. 14	Directors & Officers Liability Insurance with Don Hatton
Oct. 23	Business Showcase , Seminars & Monthly Luncheon: Marketing Analysis for Sm. Bus seminar; Digital Marketing for Sm. Bus, & Chamber Luncheon with Aerospace Industries Assoc. of Canada presenting
Oct. 28 & 29	Lvl. 1 First Aid. Accredited & special Members-only pricing!
Nov. 4	Introduction to Google Analytics with Radar Hill Technology
Nov. 5	Mixer at Dwight School Canada
Nov. 24	Chamber AGM
Nov. 26	Luncheon: John Elzinga of the CVRD presents on Sport Tourism
Jan. 28/16	Luncheon: Steelhead LNG Presenting
Feb. 18/16	Luncheon: Mike Corrigan Pres. & CEO BC Ferries Presenting
April 9/16	Black Tie Awards 2016
April 28/16	Luncheon: Greg Engle, CEO of Tilray (Medical Cannabis) Presents

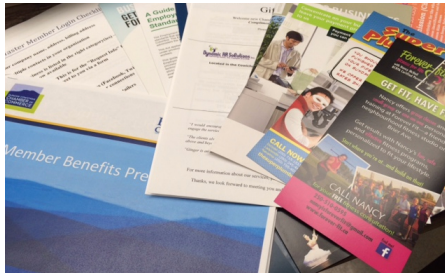
Registration for 3rd Annual Business Showcase - Still Open

Tables are still available for the Chamber's 3rd Annual Business Showcase on Fri. Oct. 23 at the Travelodge Silver Bridge Inn. The price is unchanged from last year - just \$100 for a 6 or 8 foot table. Power is included on a first come, first served basis. This year we've added a second morning seminar and members can attend both sessions for just \$20. Similar last year, your registration includes attendance for 1 individual at both morning seminars. That's great value for your dollar!

The [Chamber luncheon takes place onsite](#), also on Oct. 23. We'll have a guest speaker presenting on BC's Aerospace Industry, with an emphasis on the activity on Vancouver Island. Based on previous years' experience, we often receive registration requests after spaces sell out. So, check the information and your schedules - we hope we'll be seeing you at the Business Showcase this Oct. 23.

[CVRD Tenders & RFP's](#)[TransMountain
Procurement](#)[Doing Business with BC
Gov](#)[Prov. Opportunities - BC
Bid](#)[Gov't of Canada Tenders](#)

Quick Links

[Join the Chamber](#)[Business Directory](#)[Chamber Events](#)

New Member Welcome Program

The Chamber offers members the opportunity to reach out to new members when they join our organization.

We prepare and distribute about 50 Welcome Packages for new members every year. Each new member receives a welcome letter, membership certificate and a selection of information about members' businesses and services. This may include information, offers, coupons, or other enticements. The package is often of particular interest to start-up businesses. Whenever possible, the package is

personally delivered by Marilyn Cringan, the Chamber's Welcome Ambassador.

As of Oct. 1, the Welcome Package becomes a cost recovery program. For a nominal fee of \$25 per year, members can include their materials in the Welcome Package. Because the package is personally presented, you can be sure that your materials will be highlighted and brought to the attention of the new members.

The Packages are well received - we often received a thank you email, in appreciation of the personal touch, and the valuable information and offers.

New Member Welcome Program

\$25 per year

Put your business top of mind with all new Chamber members!

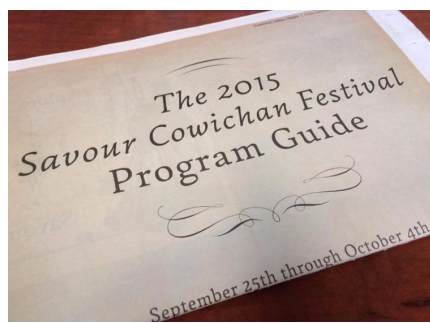
Contact Elizabeth Croft at the Chamber

chamber@duncancc.bc.ca | 250.748.1111

Visitor Centre News

Savour Cowichan Festival Guide

The Visitor Centre is fully stocked with Savour Cowichan Festival Guides. Pick one up to plan your Savour tours and activities.



Savour Cowichan & More ...

[Rocky Creek Winery White Dinner - Sep 26](#)

Put on your whites - this is a fundraiser for Canucks Autism Network, and a Savour Cowichan event. Tickets are by donation to Canucks Autism Network (CAN). Experience potluck, al fresco dining with the community and help Rocky Creek Winery celebrate their 10th anniversary. This is a zero-waste event. Please bring your own picnic, cutlery, stemware, tableware and chair--tables will be provided. No plastic or Styrofoam products please. Consider supporting local food producers when planning your contribution. Share potluck with everyone, or with your friends. Of course, please remember dinner guest MUST wear all white, white and white.

[Rocky Creek Winery White Dinner](#)

Sept. 26, 5 - 7:30

By Donation to [Canucks Autism Network](#)

Contact linda@rockycreekwinery.ca or 250-748-5622 to reserve your spot.

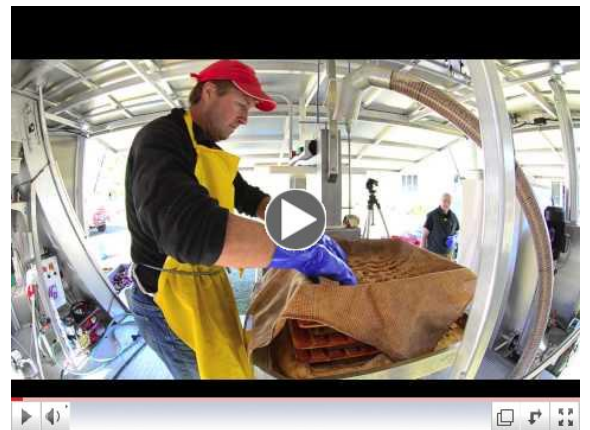
[Cowichan Therapeutic Riding Associations' Annual Round- Up Fundraiser - Sept. 26](#)

The Cowichan Therapeutic Riding Association (CTRA) is excited to announce that they will be holding their second annual Round Up Fundraiser on Saturday September 26 2015. This year's event will be a dance party held at the Eagles Hall in Duncan (2965 Boys Road, Duncan) and will feature the live rock stylings of local band Thor and the Thundercats. Other event entertainment includes raffles, door prizes, and a silent auction. CTRA is looking to raise funds to cover the costs of feeding the association's charity horses. The goal is to raise \$35,000 - enough to feed the entire herd for a year.

[CTRA's Annual Round Up](#)

[Got Apples? Get Juiced! Apple Press at BC Forest Discovery Ctr Sept. 26 - 2 for 1 Admission](#)

The Gardening Guru is bringing a mobile apple press to the parking lot of the BC Forest Discovery Ctr. on Sat. Sept. 26. Everyone is invited to bring their own apples or buy apples at the event for just \$0.40 a pound (!!!). Pressing starts at just \$8.56 per container of liquid pressed. The juice can emerge pasteurized, or you can leave it unpasteurized for use in cider or wine. Juice is packaged into a convenient 5 litre foil bag in a cardboard box. No need to freeze, and it's health approved to store up to 6 months on the shelf. **PLUS - everyone who brings/buys apples for pressing gets special TWO for ONE tickets for the train ride!** The mobile apple press is provided by Pressing Matters. You'll find apples from Keating Farm, Alderlea Farm, Cowichan Green Community and the Forest Discovery Heritage Orchard.



Apple Pressing - BC Forest Discovery Centre

Sat. Sept. 26

Trans Canada Hwy & Bell McKinnon Rd.



Gardening Guru

[Ken Lavigne Performs at Red Serge Dinner - Supports Tour de Rock - Sept. 29](#)

The Red Serge Dinner has very special guest this year - Ken Lavigne will be performing! The dinner is being held at a NEW location - Mellor Hall at the Cowichan Exhibition Grounds. Cocktails start at 5:30pm, Dinner at 6:30pm and the amazing musical stylings of Mr. Lavigne at 7:30 pm. There are lots of ways to help the kids and get something great for yourself with a raffle, and silent or live auction items. Tickets are on sale now and cost just \$40. You can purchase your ticket in any of these convenient locations: Coast Capital Savings Branches, Canadian Cancer Soc. at 394 Duncan St., 89.7 Juice FM, and the RCMP Detachment.

Ken Lavigne Performs at Ted Serge Dinner - in Support of [Tour de Rock](#)

Tues. Sept. 29, 5:30 pm

Mellor Hall, Cowichan Exhibition, 7380 Trans Canada Hwy.

For details contact: David Armstrong 250.701.4101 | jbaker@vistaradio.ca



[Cherry Point Estate Wines - Open House - Sept. 26/7 - Complimentary Paella & Sangría](#)

Cherry Point Estates Wines is having an Open House on Sept. 26 to celebrate Savour Cowichan. Come anytime between noon and 4 pm to enjoy complimentary Spanish Paella & Sangria. Then join Cherry Point Estate Wines to celebrate Citta Slow Day on Sun. Sept. 27. Ongoing tours too!



[Cherry Point Estate Wines](#)

Celebrates Savour Cowichan - Sept. 26 & 27

Noon - 4 pm, both days

Free

840 Cherry Point Rd.

info@cherrypointestatewines.com | 250.743.1272

[Silverside Celebrates Savour Cowichan with Barge on In Sept. 25, and Artists on the Farm - Sept. 27](#)

Don't miss Silversides Winery during the Savour Cowichan kick-off *Barge on In*, the evening of Fri. Sept. 25 in Mill Bay. Then on Sun. Sept. 27, Silverside Winery and Farm hosts *Artists on the Farm* from 1 - 4 pm. This is a free event, with music by Kelly Girvan, wine tastings, and cheese from The Happy Goat.

In additions, Silverside is open every afternoon during Savour Cowichan for free wine tastings. Chamber members have a special invitation to celebrate Savour at Silversides.

[Silverside Winery & Farm Celebrates Savour Cowichan](#)

Barge on In - Sept. 25, Mill Bay

Artist on the Farm - Sun. Sept. 27, 1 - 4 pm - FREE

Free Daily Tastings - Sept. 25 - Oct. 4, 1 - 4 pm

3810 Cobble Hill Rd, Cobble Hill

info@silversidefarm.com | 250.743.9149

[Savour Cowichan Events](#)

Savour Cowichan participants are preparing dozens of delicious events. Follow the links below to plan how you'll Savour Cowichan this year!

[Blue Grouse Estate Winery and Vineyard](#)

[Unsworth Winery](#)

[Rocky Creek Winery White Dinner](#)



Savour Cowichan

This Just In ...

Duncan Dynamic Gymnastics - Family Drop-ins - Come Play with your Child!!

Duncan Gymnastics is pleased to announce our newly formatted Family Drop-ins on Wednesdays and Fridays from Noon until 12:45pm. Ages: Crawling through age 5 and the parents too. That's right - *Everyone* gets to play now!!

\$20 insurance per person the first time you come - this covers anything you do at the gym until August 31, 2016.

\$6 per person session fee.

Duncan Dynamics Gymnastics

2687 James St (inside the Island Savings Center, James St entrance)

250.746.0193

Celebrate Accessibility at the BC Forest Discovery Centre Oct. 1 & 2

The BC Forest Discovery Centre invites you to join us for Celebrating Accessibility taking place on October 1st & October 2nd from 11 am - 4 pm. With the help of local grants, we are excited to improve our wheelchair accessibility in many ways! We are inviting care homes, senior facilities, and anyone with mobility issues or learning disabilities to participate in this day for free. All day breakfast-buffet, train rides, entertainment all included.

Celebrate Accessibility at the BC Forest Discovery Centre Oct. 1 & 2

Please RSVP by September 29, 2015 to Chris Gale:

cgale.bcfdc@shaw.ca | 250.715.1113 ex.24

Member News

Wild Wings Art Exhibition & Auction - Invitation to Artists

The Somenos Marsh Wildlife Society is partnering with the Cowichan Valley Arts Council and The Duncan Business Improvement Area Society to bring you the **5th WildWings Art Exhibition**, a pivotal event of the annual *WildWings Festival*. You are invited to be part of this special event, which showcases local artists and focuses on art works that represent wildlife and nature.

Complete Details - Wild Wings Art Exhibition and Auction

Don't Miss the Open Reception for Wild Wings Festival 2015 - Oct. 1

Duncan Fitness Centre Functional Fitness Group Program - Introductory Special Package:

Duncan Fitness has a special Introductory Package for new members. The package includes:

- Group fitness coaching \$295 for 3 months (or \$99.99 per month) saving over \$260
- Fitness strategy and goal setting session.
- Monthly nutrition plan.
- Functional movement screen prior to joining group program
- Weekly coaching emails.
- 3 x 40 minute group workouts per week, with 24 workout times to suit your schedule
- Preferential rate on other services
- Free stainless steel water bottle

Duncan Fitness Centre - Introductory Special

[Click here to Reserve Your Place](#)

3006 Boys Rd.

info@duncanfitnesscentre.ca | 250-815-0158

Cowichan Bay Maritime Centre CrabFest - Fri.Oct. 2

Come and enjoy Cowichan Bay Maritime Centre's CrabFest on Fri. Oct. 2, 6 - 9 pm. The CrabFest kicks off the Centre's Pier Restoration Fundraising Drive. Get your tickets early - only 300 crabs will be offered at \$25 per plate. Come and

crack a crab! Beer and wine available.

CrabFest at the [Cowichan Bay Maritime Centre](#)

Fri. Oct. 2, 6 - 9 pm

\$25

On the Pier, 1761 Cowichan Bay Rd

Call for your tickets: 250.746.4955

[Get Social for a Chance to Win Deluxe Emergency Kit from St. John Ambulance](#)

Do you have questions about Emergency Preparedness? Send them to St. John Ambulance for a chance to win a Deluxe Emergency Preparedness Kits worth \$87.95. This contest runs on Facebook and Twitter. Be sure to send your tweets with the hashtag "EPready, or submit to our Facebook page. Top Questions will be answered on emergencyready.ca during the week of Oct. 12

[Get #EPready & Win with St. John Ambulance](#)

For a Chance to Win a Deluxe Emergency Kit

Submit your questions to [Facebook](#) or Tweet @SJA_BCYT

[Watch for answers on our blog.](#)

[Literacy Now - Trivia Challenge Oct. 4](#)

Use your knowledge of popular culture, music, the arts and any other mad trivia skills you have to support literacy and learning in your community by joining a Team Trivia Challenge! Teams are a minimum of 2 people to a maximum of 6 individuals. The fun goes down at Just Jakes on Sun. Oct. 4, starting a 3 pm. (Crazy hats optional!)

[Literacy Now - Trivia Challenge](#)

Sun. Oct. 4, 3 - 7 pm

Just Jakes on Craig St.

Contact Literacy Now to register: kathleenlitnowcow@gmail.com

[Cowichan Intercultural Society - Syrian Refugee Crisis](#)

In response to many inquiries about how to help relieve the Syrian Refugee Crisis, the Cowichan Intercultural Society (CIS) has compiled the following:

- CIS has established a Refugee Support Fund - [contact the CIS](#) to donate or fundraise
- United Nations Refugee Agency - [online resources](#)
- Prospective refugee sponsor groups - [please contact CIS](#)
- Sponsor a family - [Citizenship & Immigration Canada online resources](#)
- [More details available here](#)

[Cowichan Intercultural Society](#)

205 - 394 Duncan St.

relationships@cis-iwc.org | 250.748.3112

[Cowichan Estuary Restoration & Conservation Assoc Fundraiser - Oct. 9](#)

The Cowichan Estuary Restoration and Conservation Association (CERCA) invites you to their fundraising dinner to support priority projects in the Cowichan Estuary. Guests will enjoy a fine dinner and art auction and spectacular views of Gulf Islands and Mount Baker at the Arbutus Ridge Banquet Room. An auction of exquisite original pieces of art will be the highlight of the evening presented by well-known artist, and witty auctioneer **Will Millar**. Grammy-nominated pianist **Michael Creber** provides the musical entertainment. RSVP's requested by Sept. 15.

[CERCA Fundraising VIP Dinner & Art Auction](#)

Fri. Oct. 9, 6 pm

Arbutus Ridge Golf Club

1500 Telegraph Rd.

\$150 ea, Table Wine Included

RSVP by Sept. 15: weber_beate@t-online.de | 250.748.4878

[Please click here to share this invitation](#)

Sponsored by Island Savings, a Division of First West Credit Union

[Duncan Cowichan Chamber of Commerce](#)

2896 Drinkwater Road

Duncan, BC V9L 6C2

E: chamber@duncancc.bc.ca | T: 250.748.1111 | F: 250.746.8222

The Chamber eNews is disseminated to the business community every Friday and carries Chamber and Member news. Please send your news to chamber@duncancc.bc.ca by noon on Thurs. for the Fri. eNews. Fifty word maximum, please be sure to include date, time, location, and price as appropriate. We include links, contact information & social media. Items may be edited for brevity & clarity. Images should be suitable for thumbnail size. Items run for 3 - 4 weeks.
