



# JOE SANOK

counselor | consultant | speaker

Joe Sanok is a speaker, mental health counselor, business consultant, and podcaster. Joe has the #1 podcast for counselors, *The Practice of the Practice Podcast*. With interviews with Pat Flynn, John Lee Dumas, Chris Ducker, Rob Bell, Glennon Doyle Melton, and Lewis Howes, Joe is a rising star in the speaking world!

Joe is a writer for PsychCentral, has been featured on the Huffington Post, Forbes, GOOD Magazine, Reader's Digest, Bustle, and Yahoo News. He is a keynote speaker, author of five books, and is a top-consultant.

## KEYNOTE AND PODCAST TOPICS

**The DNA of the Human Brain** | How every client follows specific mental rules

**Slow Down** | The three phases of slowing down to spark innovation

**7 Practice of the Practice** | How to set, achieve, and outsource ideas

**Custom Talks Available** | Have an idea, if it's in Joe's expertise he'll create a unique talk for you and your event.

Joe's approach incorporates story, humor, research, and practical application.

**Have another idea? Email Joe: [joe@practiceoftheppractice.com](mailto:joe@practiceoftheppractice.com)**

