



Alzheimer's Family Support Center of Cape Cod

until there's a cure, there's community

ONLINE SUPPORT GROUP SCHEDULE

2020

Online support groups are *FREE* and run via **Zoom videoconferencing**. Zoom can be downloaded to your tablet or iPad, smart phone, or computer with audio & camera at no charge. If it is your first time attending, or require technical assistance, contact us at (508) 896-5170 or via email at info@capecodalz.org. We do suggest a Zoom "test run" prior to your meeting. If you, or someone you know would like to attend, but does not have the technology, let us know!

FAMILY CAREGIVER SUPPORT GROUPS

OUTER CAPE (<i>Provincetown, Truro, Wellfleet, Eastham</i>)	1 st and 3 rd Thursdays of the month	11 am – 12 pm	Molly Perdue
BREWSTER	1 st and 3 rd Thursdays of the month	1 pm - 2 pm	Molly Perdue
FALMOUTH	1 st and 3 rd Mondays of the month	11 am – 12 pm	Maureen Corrigan, LICSW
HYANNIS	1 st and 3 rd Wednesdays of the month	11 am – 12 pm	Vaughn Harding, LICSW
YARMOUTH/HYANNIS	1 st and 3 rd Thursdays of the month	11 am – 12 pm	Maureen Corrigan, LICSW
ORLEANS/CHATHAM	2 nd and 4 th Thursdays of the month	11 am – 12 pm	Molly Perdue
MASHPEE	2 nd and 4 th Thursdays of the month	1 pm - 2 pm	Molly Perdue
SANDWICH	2 nd and 4 th Mondays of the month	11 am – 12 pm	Maureen Corrigan, LICSW
CAPEWIDE <i>Men's Caregiver Groups</i>	2 nd and 4 th Wednesdays of the month 2 nd and 4 th Wednesdays of the month	11 am – 12 pm 1:30 pm - 2:30 pm	Vaughn Harding, LICSW
HARWICH	2 nd and 4 th Thursdays of the month	11 am – 12 pm	Maureen Corrigan, LICSW
PLYMOUTH	1 st Tuesday of the month	11 am – 12 pm	Elaine Abrams, RN

EVENING FAMILY CAREGIVER SUPPORT GROUPS

EVENING #1- Adult Children	1 st and 3 rd Thursday of the month	5 pm – 6 pm	Molly Perdue
EVENING #2	2 nd and 4 th Thursday of the month	5 pm – 6 pm	Molly Perdue

SUPPORT GROUPS FOR PERSONS LIVING WITH COGNITIVE LOSS

WOMEN'S AD GROUP	2 nd and 4 th Tuesdays of the month	11am - 12 pm	Melanie Braverman
PERSONS LIVING WITH COGNITIVE LOSS	1 st and 3 rd Tuesdays of the month	1 pm – 2pm	Melanie Braverman

BEREAVEMENT GROUPS

BEREAVEMENT GROUP 1	1 st and 3 rd Monday of the Month	11am -12 pm	Ann Geagan, LICSW
BEREAVEMENT GROUP 2	2 nd and 4 th Monday of the month	11am -12 pm	Ann Geagan, LICSW