

# RUCK'N ST. GERMAIN



COMING HOME DOESN'T  
MEAN THEIR WAR IS  
OVER. FOR SOME  
VETERANS, IT MEANS A  
NEW BATTLE BEGINS.

WITH AN AVERAGE OF  
23 VETERAN SUICIDES  
DAILY, THEY NEED OUR  
SUPPORT NOW MORE  
THAN EVER.

**OPERATION: 23 to 0**

## SATURDAY MAY 19

Do you have spring fever and want to get out for a hike? Well then come to Ruck'n St. Germain for an 8.5 mile hike with a stop at the War Memorial. What is a Ruck? It's a military term for a march with a pack on. The intention of the Ruck is to raise awareness and show solidarity in the fight against PTSD and other issues that plague our men and women in uniform.

**\$20.00 DONATION** WILL GET YOU A RUCK'N ST. GERMAIN T-SHIRT

*Donations accepted, but not expected. Time spent with a vet goes much further than the dollar.*

Ruck'n St. Germain is hosted by Operation 23 to 0 Northwoods WI Chapter & Operation 23 to 0. For more information, contact Thomas Stoltman 715.892.6808

**FOOD ★ DRINK ★ STORIES ★ CAMARADERIE**

**10 AM ★ SOUTH PAVILION  
ST. GERMAIN COMMUNITY PARK**