

A Warm Welcome to the 2018 Cycling the Erie Canal Bike Tour

Thursday, July 12

As you approach Rome the bike trail ends at the Rome Sports Hall of Fame & Museum, which will be open for you to visit. From there, you will be getting on to the highway, RT 46 N & 49 E, and heading toward the traffic light. Two major retailers, Runnings and Walmart, are nearby. Runnings is straight ahead and Walmart is to your left. To get to Fort Stanwix National Monument, where you will be staying the night, you will be turning right at the light, staying on RT 46 N & 49 E, then a left on Gifford Rd at the next light, where you will pass the entrance to Lowe's and then take a right on W Liberty St, which will take you directly to the Fort.

2-7pm:

Chamber of Commerce and Fort Stanwix representatives will be at the Welcome Tent at the Fort with community information. Rome Mayor Jackie Izzo will be visiting the site during the course of the afternoon to welcome you.

4-9pm:

- Shuttle buses will pick-up/drop-off at the intersection of W Liberty St and N James St, visible from the Welcome Tent. They will take you to and from restaurants and shopping areas, though many restaurants and places to shop are in walking distance.
- Rome Capitol Theatre Summerstage presents "Mary Poppins" at 7:30pm, \$17 adult admission. Movies, TBA, will be shown at Cinema Capitol.
- Learn more about Rome and the history of Fort Stanwix at the Visitor Center and the Rome Historical Society. Guided tours of the Fort leave the Visitor Center at 6, 6:30, 7, 7:30, and 8pm. The Historical Society, located behind the Information Tent, is open until 5pm.
- At 6pm, the kick-off party begins for the World Series of Bocce at the Tocolana Club—live music, food, and fun! Take the shuttle bus and enjoy the festivities.
- Laundromat, open 24 hours, is located across the 4-lane highway, RT 46, on the east side of the Fort.

Friday, July 13

5:30-8am: Depart Fort Stanwix to Rome YMCA for buffet-style breakfast (opens 5:30am/closes at 8:00am sharp)

7-8:30am: Depart Rome from the YMCA.

Fort Stanwix National Monument

www.nps.gov/fost

Throughout the 1700s, the Fort guarded the main east-west travel route through New York State, played an important role in American Indian relations, and was crucial in the outcome of the American Revolution. This evening, the Fort is open until 8:30pm. For your convenience the Visitor Center is open all night; restrooms are available as are electrical outlets for cell phones. Discover the story of a new nation and how it affected the people of the Mohawk Valley. Join the staff and volunteers as we honor those who served at the "fort in the wilderness" and helped to create the United States. Throughout the Visitor Center, hear their stories unfold in the movies, read their words as you travel through the path of time, and get a glimpse of the past as you view the artifacts on display. If you'd like a guided experience, tours to the fort will leave the Visitor Center every half-hour beginning at 6:00. Step back in time as you enter the Fort, and explore life in a frontier outpost. Chat with one of the historical interpreters, try on some period clothing or learn how to use a musket, or just leisurely take in the day. Whatever you decide to do, we're sure you'll have a wonderful time!



Rome Family YMCA YMCA of the Greater Tri Valley

<http://www.ymcatrivalley.org/>

301 W Bloomfield St., directly across from the Rome Art and Community Center; a less than 15-minute walk from Fort Stanwix. The YMCA will be open until 8:30pm today. Cyclists are welcome to use the showers, sauna, steam room, pool, and Jacuzzi upon showing their wrist band issued by the Cycling the Erie Canal Tour officials. The following is offered to you at the Y:

Thursday—Open swim/lap swim 9:30am-5:00pm;
Jacuzzi 5:30am-8:00pm; Hydro Spin Class 6:45pm

Friday—Lap swim 5:30-8:30am

A buffet-style breakfast will be available at the YMCA starting at 5:30am and closing at 8am sharp, on Friday morning. All cyclists will have the opportunity to be well-rested and relaxed to begin the next leg of the tour with wonderful memories of your stop in Rome!

Rome Capitol Theatre

www.romecapitol.com/

Enjoy the live stage musical "Mary Poppins" at 7:30 in the Capitol's historic auditorium (220 W. Dominick St.) or a movie at Cinema Capitol (230 W. Dominick St.) at 7:00pm or 7:15pm; 315-337-6453.



Rome Historical Society & Museum

<http://www.romehistoricalsociety.org/>

200 Church St; 315-336-5870—Just one block North of Fort Stanwix, our Thursday hours are from 9am-5pm. Come stroll our Museum which features Rome's Colonial History, the Erie Canal, Griffiss Air Force Base and more!



Rome Art and Community Center

<http://www.romeart.org/>

Facebook: @RomeArtandCommunityCenter

308 W Bloomfield St., Thursday hours: 9:30am-4:30pm; 315-336-1040; the Regional Fine Arts Exhibit will be on display



Jervis Public Library

<http://www.jervislibrary.org/>

Jervis is located at 613 N Washington St - kitty corner from the YMCA, across N George St, accessible via the alley off W Bloomfield St. The library is open until 8:30pm and the phone number is 315-336-4570. Read the daily newspaper, catch up on email, update your blog, or share digital photos of your trip. The library provides free WIFI access on your laptop or device and free internet access on the library's computers.



Tocolana Club

<http://www.tocolanaclub.com/>

1412 E Dominick St, 315-339-3609. Established in 1925 as a social club by Italian immigrants, the Club annually hosts "The World Series of Bocce", an event that attracts over 120 teams and thousands of spectators. This year, prize money in excess of \$30,000 will be awarded! The Kick Off Party starts tonight at 6pm!



Rome Sports Hall of Fame & Museum

[www.when-in-rome.com/
romesportshalloffameandmuseum/](http://www.when-in-rome.com/romesportshalloffameandmuseum/)

The only municipal Sports Hall of Fame with its own museum in New York State, opens 10am on RT 49, 5790 Rome-New London Rd, 315-339-9038. Honoring and preserving the great sports achievements of athletes of Rome, including pictures, trophies, uniforms and equipment depicting their days of glory, and fondly known as *The House That Romans Built!*



Continuous Shuttle Bus Service

Two buses, courtesy of Oneida County Tourism, begin leaving Fort Stanwix at 4pm to restaurants and shopping areas, and will take you to the locations listed below. Please note that the last returning bus will arrive at the Fort later that evening by approximately 9pm.

Bus 1 ~ Erie Blvd Stops at:

- Fastrac Markets
- Runnings
- Walmart Supercenter
- Cliff's Local Market
- Nicky Doodles
- Dippin Donuts
- DiCastro's Brick Oven
- YMCA
- Copper City Brewing
- Tocolana Club

Bus 2 ~ Floyd Ave & Black River Blvd

Stops at:

- Rome Subway
- LaRoma Restaurant & Pizzeria
- Stewart's Shops
- Spressos Coffee House & Eatery
- Cliff's Local Market
- Dippin Donuts
- Herb Philipson's Outdoor Outfitters
- Fastrac Local Markets
- Edible Arrangements
- Black River Wine & Spirits
- Sam's Eats & Sweets (by special request)
- Delta Lake Inn (by special request)



Birnie Bus Shuttle
Service Courtesy of:



www.oneidacountytourism.com

Nearby Lodging and Accommodations

- Quality Inn of Rome
200 S James St, 315-336-4300
- Wingate By Wyndham Hotel
90 Dart Circle, 315-334-4244
- The Hampton Inn
1352 Floyd Ave, 315-709-0000

WHERE TO EAT

VISIT THE WELCOME TENT ON THE NORTH SIDE OF FORT STANWIX, ADJACENT TO ST. PETER'S CHURCH, WHERE YOU WILL FIND MENUS FROM LOCAL RESTAURANTS WITHIN WALKING DISTANCE AND THOSE ACCESSIBLE BY SHUTTLE BUSES.

Arby's Roast Beef

(Walking Distance)

315-337-5936, 413 Black River Blvd
<http://arbys.com/locations>

Bostwick Liquors

(Walking Distance)

315-336-5570, 137 W Dominick St
<http://www.bostwickliquors.com>

Cianfrocco's Subs & Wings

(Walking Distance)

315-336-1972, 235 E Dominick St
<http://www.cianfroccossubs.com/>

Cliff's Local Market

315-337-5329, 1221 Erie Blvd W
315-339-4036, 2007 N James St

Copper City Brewing Co.

315-281-8987, 111 Oneida Road
www.Coppercitybrewing.com

Delta Lake Inn

315-533-7710, 8524 Fish Hatchery Rd
<http://www.deltalakeinn.com/>

Denny's Restaurant

(Walking Distance)

315-339-6390, 200 S James St
<http://www.deltalakeinn.com/>

DiCastro's Brick Oven

315-336-0671, 615 Erie Blvd W
<http://www.dicastrobrickoven.com/>

Dippin Donuts

315-339-3383, 1941 Black River Blvd-1169 Erie Blvd W
<http://dippin-donuts.com/>

Edible Arrangements

315-337-8488, 815 Black River Blvd N
<https://www.ediblearrangements.com/>

Fastrac Markets

315-334-6969, 1336 Erie Blvd W
315-337-0397, 400 N James St (Walking Distance)
315-336-8027, 600 Erie Blvd W
315-336-4014, 1614 Black River Blvd N

Franklin Hotel & Restaurant

(Walking Distance)

315-336-9974, 301 S James St
www.vesciosfranklinhotel.com

LaRoma Restaurant & Pizzeria

315-336-1113, 600 Floyd Ave
<http://www.laromapizzeria.com/>

Nicky Doodles Ice Cream

315-339-5395, 1159 Erie Blvd. W
<http://www.nickydoodles.com/>

Rome Subway

315-337-4866, 204 E Thomas St
<https://www.romesubway.com>

Sam's Eats & Sweets

315-533-5614, 8200 Turin Rd
<http://samzeats.com/>

Stewart's Shops

315-371-2139, 1373 Floyd Ave

The Savoy Restaurant

(Walking Distance)

315-339-3166, 255 E Dominick St
<http://www.romesavoy.com/>

Spressos Coffee House & Eatery

315-356-7106, 160 Brooks Rd.
<http://www.spressos.com/>

Rome Organizing Committee

City of Rome (Fire, Police, Water, Recreation Depts)
Fort Stanwix National Monument
In Motion Events
Parks & Trails NY
Oneida County Tourism
Rome Family YMCA
Rome Historical Society



139 W Dominick St., Rome, NY 13440
Open M-F, 9am-5pm; Phone: 315-337-1700
info@RomeChamber.com; www.RomeChamber.com



Emergency.....911
Rome Police Dept.....315-339-7780
Rome Fire Dept.....315-339-7784
Am Care Ambulance....315-339-5600

(In case of severe weather, you will be directed across the street to take shelter in the parking garage)

Rome Hospital Emergency Room
1500 N. James St, 315-338-7035
Physicians Urgent Care at Griffiss
91 Perimeter Rd, 315-356-7777 (closes 6pm)

Taxi Service
VIP, 315-336-0405 ~ Night Owl, 315-709-4210

Additional Phone Numbers

Fort Stanwix National Monument 315-338-7730
Rome Family YMCA 315-336-3500
Rome Art and Community Center 315-336-1040
Jervis Public Library 315-336-4570
Rome Historical Society 315-336-5870

Welcome to Rome and Fort Stanwix National Monument

Cycling the Erie Canal Bike Tour July 12, 2018