

**Women Who Care
Bagged Snack Project
2016-2017**

Bagged Snacks will be provided to children of the Clemmons Food Pantry

Each bag will contain the following food categories:
Beverage, Breakfast, Fruit, Protein, Salty, and Sweet Items

Individual sized packages and/or pop-top packages are best
Nothing needing refrigeration

Avoid Peanuts/Peanut Butter due to allergies

Suggested food items for the Bagged Snacks:

Beverages; 100% juice boxes/pouches or milk

- Small Sunny D bottles
- Hershey's 2% chocolate milk (Not refrigerated)
- 100% Juice pouches; CapriSun

Breakfast:

- Entenmann's Little Muffin Bites
- Oatmeal bars
- Granola bars; Nature Valley Oats 'n Honey, Nutrigrain, Special K bar
- Pop Tarts

Fruit: (Individual, pop-top, etc.)

- Dried packages (cherries, dates, blueberries, mangos, raisins, Craisins)
- Fruit crisps; apple, strawberry, bananas, and/or pears
- Fruit cups or individual canned peaches, fruit cocktail, applesauce, mandarin oranges (Add plastic spoons)

Protein:

- Canned Vienna Susages (pop-top)
- Pork n' Beans (pop-top)
- Beef Jerky

Salty: (Individual Sized)

- pretzels, potato chips, Sunchips, Goldfish crackers,
- Ritz crackers with cheese spread packs
- Chex Mix
- Popcorn, bags already popped

Sweet:

- Pudding cups or jello snack packs (provide spoons)
- Fruit flavored gummy snacks
- Fat Free Fig Newtons (individual)

10/2016