Forum will include candidates for Dutchess County Executive

Chamber members and guests are invited to the monthly Contact Breakfast on Wednesday, October 16, from 7:30-9 AM at the Poughkeepsie Grand Hotel & Conference Center. The presentation this month will feature a forum between the candidates for Dutchess County Executive – incumbent Marcus Molinaro and challenger Joseph Ruggiero. This is the third and final candidate forum featured at the Chamber’s Contact Breakfast this year.

Molinaro was elected as Dutchess County’s 7th County Executive in November 2011. Prior to his election to County Executive, he served as the Assemblyman for the 103rd District since 2006. Molinaro served as a County Legislator, mayor, and village trustee for the village of Tivoli.

Ruggiero served four terms as Wappinger Town Councilman and three terms as Town Supervisor of Wappinger. In 2008, he was appointed as an Assistant Comptroller for the State of New York, and in 2010, Ruggiero was appointed as Executive Director of the New York State Bridge Authority.

Questions and topics for the candidates will be accepted in advance and should be emailed to richk@dcrcc.org and will be chosen with the help of the Chamber’s Legislative Action Committee.

The Contact Breakfast is sponsored by Hudson Valley Federal Credit Union. HVFCU is a community-based financial cooperative that is committed to strengthening the quality of life for its members, friends, families, and neighbors in the Hudson Valley. For more than fifty years, it has been their mission to provide affordable products and convenient services to help you succeed financially through every stage of life. At HVFCU membership has benefits. As a credit union member, you will join your neighbors in our financial cooperative and enjoy a lifetime of financial savings. For more information visit hvfcu.org.

Chamber members and guests will need to pre-register for the Contact Breakfast by visiting dcrcc.org or calling 845.454.1700 x 1000. Tickets are $25 for members, and $35 for non-members.

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Support the Foundation at events

As we head into the latter half of the 2019 calendar, The Chamber Foundation, Inc. is gearing up for a busy season of events and programming. Recently, the Leadership Dutchess and Youth Leadership Classes of 2020 met for their kickoff sessions. Also, the Hudson Valley Young Professionals held the inaugural Clubs for College Mini Golf Tournament, benefiting the Foundation’s scholarship programs.

As you may know, The Chamber Foundation, Inc., was established to promote education and training programs for youth and professionals, with the goal of enhancing the future of economic growth in the Hudson Valley region. Each month I challenge our membership to be active and engaged, and this month I call your attention to some important upcoming events and programs that are critical to these efforts.

In a few weeks, The Foundation is partnering with The Chamber, the Women’s Leadership Alliance, Dutchess Tourism, Inc., and ATHENA International to host the Becoming ATHENA: Leading the Way International Women’s Leadership Conference. I’m proud to say that State Farm is among the honorees. Please see the special supplement inside this newsletter for complete details.

In November, it will time for the annual Pigskins & Pints event, being held on Sunday, November 10 at 12:30 PM at Darby O’Gills in Hyde Park. Come out for a day of football, wings, beer, raffles, prizes and more! All proceeds benefit The Chamber Foundation.

If you or someone you know is looking to further professional growth, the Executive Leadership Program might be for you. Kicking off in January, this program is designed for mid- to senior-level managers, nonprofit administrators, and entrepreneurs seeking advanced leadership and communications skills to move their careers and organizations forward. Applications are due November 15, but don’t delay in applying as there are a limited number of seats available.

Finally, the Foundation always has a need for volunteer mentors. Help prepare the next generation of leaders by offering just a small bit of your time. From youth programming to professional mentorship opportunities, the Foundation relies on strong volunteers to make its programming successful. If you want to share the lessons life has taught you with others, consider volunteering in this capacity.

To stay updated, visit ChamberFDN.org and like them on Facebook. Also, reach out to Executive Director Nicholas Shannon for more information at (845) 454-1700 ext. 1026. I look forward to seeing you at the next Foundation event!

Jen Dunn, ChFC, CPCU – Dunn Insurance and Financial Services, Inc., State Farm, is the Chamber’s Board of Directors’ Chair for 2019. Reach her at (845) 471-3531 or jen.dunn.pwl3@statefarm.com.
Business After Hours heads to Red Hook

Join us for our monthly Business After Hours on Wednesday, October 10, from 5-7 pm for networking, complimentary hors d’oeuvres, and a cash bar. This month we head to Savona’s Trattoria, located at 7249 South Broadway in Red Hook.

Business After Hours gives members and non-members alike the opportunity to meet a diverse range of business professionals in a comfortable, casual environment.

This event is complimentary to attend thanks to our generous sponsors, Animal Farm Foundation, Marshall & Sterling Insurance, and TD Bank. Registration is required in advance. To RSVP, visit dcroc.org or call 845.454.1700 x1000.

Founded in the 1980s on the belief that all individuals deserve equality, compassion, and justice, Animal Farm Foundation (AFF) brings dogs and people together to end discrimination. As a 501(c)3, AFF creates positive change for dogs, people, and communities through their service dog program, PAWS jail program, and by funding the training of K9 detection dogs. They provide lawmakers and policymakers with the information they need to create nondiscriminatory laws and policies. If necessary, they work within the legal system to end breed-specific discrimination, and they consult with and offer free resources to animal welfare workers and community advocates.

Known for providing risk management, insurance and financial services, Marshall and Sterling Insurance guides their clients through a world of risk and opportunity. Since 1864, Marshall and Sterling Insurance has been administering noteworthy insurance coverage with unparalleled service and support for their clients. This company is an employee-owned company, so Marshall and Sterling Insurance has the ability to assist customers with any virtual risk. For more information please call 845.454.0800 or visit marshallsterling.com.

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Be a part of this premier business-to-business event

Fall means it’s time for the Chamber’s annual Think Local First Business & Hospitality Expo. Many Chamber members are signed up already, and I invite you to join us and showcase your organization to hundreds of attendees. The event this year will be on Wednesday, November 6 from 1-6 pm.

Hudson Valley businesses of all industries will have booths at the M.J. Neshowitz Convention Center, where there will be plenty of interactive exhibits and samples throughout the day, including the hospitality trade highlighting local venues, restaurants, caterers, and craft beverage makers.

As one of the largest business-to-business trade shows in the area, the Think Local First Expo is a perfect opportunity to showcase your business to a powerful audience in the business community while exploring other regional and local offerings.

This event will also afford you another great chance to network with other business professionals. The Expo will also feature an evening bonus business networking component, with samples from the hospitality industry and a cash bar from 4 - 6 pm.

Remember to bring plenty of business cards, make connections and build relationships with fellow business professionals. Your business card is your entrance ticket into this premiere business-to-business event where you can forge connections that can prove mutually beneficial.

Part of the Chamber’s mission is benefitting local businesses by encouraging people to Think Local First, and what better way than by helping Hudson Valley businesses gather together to promote their products and services in a single location.

Get on board today. You can find information at drcoc.org/businessexpo, or contact our office to sign-up to be an exhibitor. You’ll be glad you did!

Sincerely,

Frank M. Castella, Jr.,
President & CEO

How has the Chamber helped you?
SUBMIT YOUR TESTIMONIAL AT DRCOC.ORG/TESTIMONIALS
Learn to Master Your Membership

Whether you are a brand-new member, a new employee of a member, or a member just getting back into the swing of things, the best place to start is by attending the next Master Your Membership event immediate following the Contact Breakfast on Wednesday, October 16, from 9:30-11 am, at the Poughkeepsie Grand Hotel. Attendees will learn how the departments of membership, events, communications, The Chamber Foundation, and Workforce Development Center operate for the benefit of members. Information about all the services included with your membership dues will be provided and this is a great opportunity to ask questions. This event is sponsored by Talesx Media.

Advanced registration is required for this complimentary event by calling (845) 454-1700, ext. 1000 or email frontdesk@ dcrcoc.org. This event is limited to one representative per organization.

ARE YOU TAKING FULL ADVANTAGE OF YOUR CHAMBER MEMBERSHIP?
Schedule a membership development meeting today! Call 845.454.1700

Trust your VPN

If you aren’t familiar with it, think of a VPN or virtual private network as a security blanket that keeps your data safe as you go from one public Wi-Fi to another. It is essentially an extra layer of protection for your passwords or personal data because it encrypts your data as you browse online.

When a VPN provider offers to handle this security for free, you should definitely ask yourself, what’s in it for them?

Free VPN services can be very dangerous. For one, if you aren’t checking the fine print, there could be a policy explicitly mentioning how your user data will be shared with Chinese authorities. Another 64% of applications had no actual web presence outside of their app store pages and only 17% on average responded to customer support emails when there were technical issues.

Malware is another concern when using free applications. One study found 38% of free Android VPNs contain malware; despite these apps being highly rated with millions of downloads. Your risk of catching a virus ends up being greater than one in three! If battling viruses isn’t enough, you also have to survive all the advertising that you’d get when using a free VPN.

Free VPNs usually pay for fewer servers to route their traffic, so if you are trying to stream video, you might end up not seeing anything at all. You are generally bouncing around longer between distant, over-crowded servers, or even waiting behind traffic of paid users. Not to mention that subscription streaming sites are wise to those trying to get access to their video services for free and have routinely blocked large sections of IP addresses which they’ve determined are linked to freeloaders so your free VPN service will be shut out completely.

At the end of the day, there are solid VPN services on the market that offer a range of features depending on what you are looking for and your budget. Paid services are updated and maintained so they are more secure for your use as well.

Jaime Butler, business development specialist at Integrated Enterprise Solutions, Inc., contributed this article. For more information about IES, visit ies-ny.com or call (845) 226-9983.

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Questions regarding economic-related issues in Dutchess County will be collected and reviewed in advance by the Chamber’s Legislative Action Committee. You may be send questions for consideration to richk@dcrccic.org.
Sponsored by: Hudson Valley Federal Credit Union

**Wednesday, October 16**
**Master Your Membership**
9:30 - 11 AM
Poughkeepsie Grand Hotel
40 Civic Center Plaza
Poughkeepsie
Attendees will learn how to operate the departments of membership, events, communications, The Chamber Foundation, and Workforce Development Center for the benefit of members. Information about all the services included with your membership dues will be provided and this is a great opportunity to ask questions.
Sponsored by: Talex Media

**Tuesday, October 29**
**HVYP: Unwind Networking Event**
5 - 7 PM
Boutique Wine & Spirits
18 Westage Drive, #13
Fishkill
This event is complimentary to attend thanks to our generous sponsors. Registration is required in advance. Cancellations less than 24-hours from the event and no-shows will be charged a catering fee if food is served.

**Wednesday, October 2**
**Fishkill Rural Cemetery**
4 PM
801 Route 9
Fishkill
Join us for the grand opening of their new mausoleum.

**Thursday, October 3**
**Child Care Council of Dutchess and Putnam, Inc.**
4 PM
301 Manchester Road,
Suite 201A, Poughkeepsie
Join us for the grand opening of their new location.

**Friday, October 4**
**La Puerta Azul**
4 PM
2510 Route 44
Salt Point
Join us as we celebrate their five year anniversary.

**Monday, October 7**
**Puro Clean Professional Restoration Services**
4 PM
66 Fireman’s Way
Poughkeepsie
Join us for the grand opening.

**Thursday, October 10**
**Red Hook**
4 PM
25 Old Farm Road
Red Hook
Join us for the grand opening.

**Friday, October 11**
**Salon Verve Inc.**
4 PM
810 Route 82, Hopewell Jct
Join us as we celebrate their ten year anniversary.

**Thursday October 24**
**Milea Estate Vineyard**
4 PM
450 Hollow Road, Staatsburg
Join us for the grand opening of their new tasting room.

**Friday, October 25**
**Atlas Star Ltd.**
12 PM
753 Route 9, Fishkill
Join us as we celebrate their 20th anniversary.

**Monday, October 28**
**Beltone Hearing Aid Center**
4 PM
1289 Route 9
Wappingers Falls
Join us as we celebrate their new location.

**Friday, November 1**
**ZoMo Yoga**
4 PM
1097 Route 55, Lagrangeville
Join us for the grand opening.

**Thursday, November 7**
**Poughkeepsie Plaza**
12 PM
2600 South Road
Poughkeepsie
Join us as we celebrate their renovated location.
By Gloria Cukar  
MidHudson Regional Hospital 
and Mary Kay Vrba  
Dutchess Tourism, Inc.  
Co-Chairs,  
ATHENA Leadership Committee

Since 2007, we in Dutchess County have identified and honored over 100 women for embodying the ATHENA Leadership Model, which highlights key attributes reflective of women's contributions to leadership: living authentically, learning constantly, advocating fiercely, acting courageously, fostering collaboration, building relationships, giving back and celebrating.

As former ATHENA honorees, and because we have seen the impact of ATHENA firsthand, we are tremendously excited to help welcome the ATHENA International community to the Hudson Valley for the first time at the 2019 ATHENA International Women’s Leadership Conference. This event will take place from Sunday, October 20 through Tuesday, October 22, and will be based at the Poughkeepsie Grand Hotel and Conference Center. It will feature three days of high-powered networking, inspirational speakers and presentations, informative and educational panel discussions, and a VIP awards reception at The Grandview.

This remarkable three-day conference, Becoming Athena: Leading the Way, will not only continue to honor women through awards, but also bring the global community here to the Hudson Valley so we may display its fall splendor!

By participating, you will join an extraordinary cohort of leaders who significantly contribute to the ATHENA International vision of creating balance in leadership across the world.

When you join us at this dynamic conference, be expected to leave invigorated, motivated, and having created amazing relationships that will transform into unexpected ventures and lasting friendships.

An event like this could not be possible without the teamwork of several outstanding organizations, including the Dutchess County Regional Chamber of Commerce and The Chamber Foundation, as well as ATHENA International, the Women’s Leadership Alliance, and Dutchess Tourism, Inc. Several businesses and organizations have also stepped up to support this effort, and we want to especially recognize KeyBank and its Key4Women program for its title sponsorship. All the other sponsors are recognized on the back of this special event guide, and we ask you to make note of these organizations and help us thank them for their generosity.

After reviewing this guide, please visit www.becomingathena.org today for complete information, the daily schedules, profiles of our incredible line-up of speakers, and much more. As an added attraction, there are many local excursions planned, and this is great opportunity to take in many of the Hudson Valley’s favorites locations which we sometimes take for granted.

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October 20-22
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Head to becomingathena.org today to register, book accommodations and excursions, and to learn about this transformative conference.

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2019 BECOMING ATHENA CONFERENCE

SCHEDULE OF EVENTS

SUNDAY, OCTOBER 20

1 - 4 PM  
Conference Check-In; Excursions & Shopping

5 - 7 PM  
Welcome Reception

MONDAY, OCTOBER 21

7 - 11 AM  
Conference Check-In

8 - 9:10 AM  
Welcome Breakfast

9:10 - 9:40 AM  
Keynote Speaker: Carla Harris  
Vice Chairman of Wealth Management and Senior Client Advisor at Morgan Stanley

9:40 - 9:50 AM  
ATHENA Global Award Presentation

10 - 10:50 AM  
Breakout Session A: Relationships

11 - 11:50 AM  
Breakout Session B: Confidence

12 - 1:45 PM  
Lunch & World Café  
An opportunity to discuss the future of women’s leadership. These conversations take place in a relaxed, informal setting meant to easily foster connections, to explore questions and promote innovative thinking.

2 - 2:50 PM  
Breakout Session C: Culture

3 - 5 PM  
Activities & Tour  
Including cocktails, tastings, plentiful food with a Hudson Valley flair, and dessert

Monday 6 - 9 PM  
ATHENA Honoree Awards Reception  
The Grandview Including cocktails, tastings, plentiful food with a Hudson Valley flair, and dessert

National ATHENA Award  
Kathrine Switzer

National ATHENA Award  
Dr. Marsha Firestone

ATHENA Organizational Leadership Award  
State Farm

Young Professional Award  
Major Jill Rahon

TUESDAY, OCTOBER 22

6 - 8 AM  
Excursions & Activities

9 - 9:30 AM  
Continental Breakfast

9:15 AM - 9:45 AM  
Group Networking  
Incorporating the 8 principles of enlightened leadership

10 - 10:50 AM  
Breakout Session D: Authenticity

11 AM - 12 PM  
Breakout Session E: Career

12 PM - 1:15 PM  
Lunch with Facilitated Networking

1:15 - 1:20 PM  
“Hear my Song” – the ATHENA Anthem, performed live for the first time publicly by Geena Kloeppel, songwriter

1:30 PM - 4 PM  
Excursions & Activities

*Final agenda, topics and speaker schedule subject to change.

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Carla Harris
Keynote Speaker
Our featured keynote speaker, Carla Harris is a best-selling author, motivational speaker, and accomplished singer, and also a Vice-Chairman, Managing Director, and Senior Client Advisor at Morgan Stanley. In her 30-year career, Ms. Harris has had extensive industry experiences in the technology, media, retail, telecommunications, transportation, industrial, and healthcare sectors. In August 2013, she was appointed by President Barack Obama to chair the National Women’s Business Council.

Janus Adams
Strategies for Leadership in a Time of Uncertainty
Emmy Award-winning journalist, historian, entrepreneur, and bestselling author of eleven books, Dr. Janus Adams is the host of public radio’s “The Janus Adams Show” and podcast. Her syndicated column ran in the Hearst Newspapers for 16 years, and her commentary has been broadcast on CBS and NPR, and published in the Huffington Post. Her 25-hour International Women’s Day marathon broadcasts brought her to NPR where she became the network’s first National Arts Correspondent and opened the New York News Bureau.

Polo REO Tate
Living Authentically
Polo REO Tate was born in Lansing, Michigan, where her family has deep ties to the community. Her Great Great Grandfather was Ransom Eli Olds (R.E. Olds), a pioneer and prolific inventor most notably responsible for inventing the first internal combustion automobile—the Oldsmobile. Tate is an actor, author, artist, and comedian, performing all over New York City and Los Angeles. She is a passionate public speaker, with a mission for all to see, feel, and understand their own self-worth, empowerment, and value.

Helen Rothberg
How to Put Vision into Action
Helen Rothberg, PhD, worked in the New York City food and beverage service industry throughout her academic career. She has consulted with Fortune 500 companies, small technology start-ups, and nonprofit organizations. She has degrees in business and behavioral science, and is professor of strategy at the School of Management at Marist College.

John Foster
Good Culture: It’s Not the Same as a Performing Culture
John Foster has 30 plus years of distinguished leadership and management experience with multiple companies at various stages of development across several fast-paced industries. He has demonstrated expertise in strategic and all operational aspects of business.

Visit becomingathena.org for complete list of speakers.
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Women’s Enterprise Foundation
Workforce Connections Program expanding coverage in the area

By Everett Johnson
Workforce Connections Case Manager

The Workforce Connections Program is making a concerted effort to expand its coverage! Case managers have been Poughkeepsie-focused, but are now mobilizing to include all Dutchess County residents. The Workforce Connections Program is a case management program, providing one-on-one mentorship, soft skills trainings, fun family activities, and employment services all with the ultimate goal to aid participants in gaining and retaining employment.

Qualifications for this program include: 1. Parenting at least one minor child (or being a non-custodial parent to at least one minor child) and 2. Currently receiving some type of temporary assistance including SNAP, Medicaid, etc., or be 200% below the poverty level.

Let’s face it, in today’s busy employment market, one way to get a jump on the competition is to make sure your skills match the skills required for the job you want to get and are included on your resume.

Do you have an updated resume? A cover letter? Interview skills and proper clothing? Let us help you with that. Just give us a call at 845-454-1700 x1002 or visit our website for more information at DCRCOC.ORG/WORKFORCEDEVELOPMENT.

Our hours of operation are Monday, Tuesday, Wednesday, and Friday from 8:30 am to 4:30 pm. Thursday from 8:30 am to 7:00 pm. And on the first Saturday of the month 9:00 am to 1:00 pm.

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Web: agents.allstate.com/
Annalisa Romano Agency - Allstate
Contact: Annalisa Romano
I have been with in the insurance industry since 2008 and opened the doors to my agency in 2015. I grew up in Westchester County, and I did enjoy it. However, I love how close-knit and friendly the people of Dutchess county are. I love helping people and supporting local businesses. I am an Allstate agent because I love connecting with people, and I believe they deserve someone trustworthy who cares about them.

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Email: campkp@aol.com
Web: kidsplacebeacon.org
Contact: Pam Seegler

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I am a mobile physical therapist, providing services in clients’ homes and workplaces when they are too busy to come to a traditional clinic. I serve those with orthopedic ailments, pelvic floor dysfunction, and overall wellness concerns. All treatments are one-on-one and individualized to you as a person, not as a diagnosis. Together, we will work to ensure you attain the quality of life you deserve.

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YMCA of Kingston Awarded $2,500 from Ulster Savings Charitable Foundation

The YMCA of Kingston and Ulster County has been awarded a $2,500 grant from the Ulster Savings Charitable Foundation for Camp Starfish for Disadvantaged Youth, a low-cost summer program for at-risk elementary school children. “The goal at Camp Starfish is to develop healthy campers through active play and nutritional education. We strongly promote creativity through interactions with our community. We can all feel proud of what our Y is doing for these children,” said Heidi Kirschner, President and CEO of the YMCA of Kingston and Ulster County.

WEDC Awarded Grant from Ulster Savings Charitable Foundation

The Women’s Enterprise Development Center (WEDC) has been awarded a $2,500 grant from the Ulster Savings Charitable Foundation to support their training programs and services that help women and minority entrepreneurs to start and strengthen their small businesses. Since its founding in 1997, WEDC has assisted nearly 8,000 businesses and has opened doors to business ownership for low-to-moderate income women and minorities in Westchester and the Hudson Valley.

AKA 50th Anniversary Gala

Alpha Kappa Alpha Sorority, Inc. Iota Alpha Omega Chapter of the Mid-Hudson Valley, in collaboration with their philanthropic arm Mid-Hudson Ivy Foundation, Inc., will hold a 50th Anniversary Gala on Saturday, November 30, 2019 at 6 PM. The Gala will be held at Eisenhower Hall Ike Cafe at West Point. We will be honoring Brandon Walker, chef and owner of Essie’s Restaurant, Dr. A.J. Williams-Myers, African Roots Library, Boys and Girls Club of Newburgh/Poughkeepsie, and Grace Smith House.

The Community Gathers Around A Book

Each fall, the Mid-Hudson region celebrates the power and joy of literature as the community gathers for the annual NEA Big Read. This year, the Big Read runs from October 12 through November 16 and spotlights stories from Appalachia. The five-week program, coordinated by the Poughkeepsie Public Library District, presents 55 public events from thirty-five partner organizations. The 2019 featured literature is the short story collection, Burning Bright, by Appalachian native Ron Rash. The companion book for Middle School readers is Saving Wonder by Mary Knight.

Abilities First Expands Services to Include Early Intervention

Abilities First, Inc. announces the return of Early Intervention (EI) to its spectrum of services for children with developmental delays or disabilities. Since 1962, the organization has built a respected reputation in the Hudson Valley for providing a wide range of services including education, residential, habilitation and family support services from birth through life. “For young children experiencing developmental delays, Early Intervention is absolutely essential for ensuring long-term success in life. We are extremely pleased to add this highly valuable service to our continuum of supports,” explains Abilities First President and Chief Executive Officer, Dr. Jeffery Fox. Those interested in Early Intervention Services should contact Patricia Lucia-Penn, Early Intervention Coordinator, at (845) 485-3066.

Millbrook Vineyards & Winery Nominated for “American Winery of the Year” Award

Millbrook Vineyards & Winery, an award-winning wine producer established in Millbrook in 1982, has become the only Hudson Valley winery to ever be nominated for the Wine Star Award in the “American Winery of the Year” category. The nominations for the 2019 awards were announced this week by Wine Enthusiast magazine. Other wineries in this category are located in CA, WA, OR, and NM. The Wine Star Award winners will be announced on winemag.com on Thursday, October 31, 2019. They will also appear in the special “Best of Year” December 31 issue of Wine Enthusiast magazine, and will be honored at the 20th anniversary gala in San Francisco on January 27, 2020.

Tipsy Social is named Best of Hudson Valley for Website Design for 2nd Year in a Row

Tipsy Social, the Hudson Valley’s small business marketing and design specialists, was named Best of Hudson Valley for Website Design by readers of Hudson Valley Magazine for the second year in a row. The annual Best of Hudson Valley edition showcases the region’s most renowned businesses as voted by the Readers and Editors of Hudson Valley Magazine. Tipsy Social, now in its second year operating in the Hudson Valley, has received the award for Best Website Design in both 2018 and 2019.

Cosmetic Eye Plastic Surgery

On Wednesday, October 16, 2019, Facial Plastic Reconstrucive and Laser Surgery with Oasis Medspa will offer a free seminar on the latest options for eye rejuvenation. This will include both surgical and nonsurgical procedures, many of which require virtually no down-time and provide immediate gratification. The free event will be held from 5 - 7 p.m. in the practice’s Poughkeepsie office at 82 North Water Street located in the Poughkeepsie Waterfront adjacent to the train station, near The Walkway over the Hudson. Catered by Lola’s Café, refreshments will feature locally-sourced hors d’oeuvres and beverages. Participants will also enjoy specials, a raffle and gift items.

Taste of the Hudson Valley Returns November 3

Overlooking the majestic Hudson River, Taste of the Hudson Valley is an experience unlike any other. Dozens of the region’s top chefs skillfully prepare two dishes, pairing their culinary creations with exclusive wines, compliments of wine partner Shamrock Wine & Liquor. Taste of the Hudson Valley boasts nearly 100 food and wine pairings and annually attracts more than 1,000 enthusiasts. The event is scheduled for Sunday, November 3 at The Grandview in Poughkeepsie. For tickets and additional information, please visit mid-hudsonregional.org/taste

Foam & Wash is Thinking Pink in October

Foam & Wash Car Wash, Oil Change Plus and the Foam & Wash Mobil Mart starting October 1, is proud to support breast cancer treatment, research and awareness. The Foam & Wash car washes and staff will be quite pink with heartfelt support. Throughout October, Foam & Wash will donate $20 to the American Cancer Society and Miles of Hope Breast Cancer Foundation for every new Unlimited Car Wash Membership. It’s just one more reason to become a member of our unlimited car wash club. Over 7,000 of your friends and neighbors are members, how about you? Shine and smile every day at Foam & Wash!

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Ribbon Cuttings

United Way of the Dutchess-Orange Region

Congratulations on their renovated office space at 75 Market Street in Poughkeepsie.

Abilities First

Congratulations on their new administrative office space at 167 Myers Corners Road in Wappingers Falls.

Hopewell Animal Hospital

Congratulations on their new location at 2611 Route 52 in Hopewell Junction.

Hyatt Place Hotel

Congratulations on the grand opening at 2165 South Road in Poughkeepsie.

Mindful Yoga With Liz

Congratulations on the grand opening at 36 Raymond Avenue in Poughkeepsie.

Argento Equestrian

Congratulations on the grand opening at 1214 Route 55 in Lagrangeville.
October is Breast Cancer Awareness Month! Visit cancer.org and milesofhope.org or call 845.440.2517, to learn how you can help prevent the disease.

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