

COMBATING THE CORONAVIRUS

FACTS AND TIPS FOR STAYING HEALTHY

HOW CORONAVIRUS IS TRANSMITTED

Droplets released into the air by coughing and sneezing.

Close personal contact with someone with coronavirus (touching or shaking hands).

Touching an object or surface with the virus on it and then touching your mouth, nose or eyes.

PREVENTING THE SPREAD OF CORONAVIRUS



Keep the workplace clean and hygienic;



Promote regular and thorough hand-washing;



Promote good respiratory hygiene; cover your nose and mouth when coughing and sneezing;



Check Health Authorities' travel advice before and after going on business;



Ensure those who are sick stay home.