

*In 1870*, the founders of Child and Family Services (C&FS) were committed to improving the quality of life for women and children by providing needed shelter, food and clothing. Since that day the services of the agency have changed to continually meet the needs of those who live and/or work in Saginaw and surrounding counties.

*Today*, C&FS remains dedicated to improving and securing the quality of life for individuals and families. C&FS provides professional social work treatment and supportive services through its distinctive programs.

*Counseling Center*

*Employee Wellness Center—EAP*

*Sexual Assault Center*

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**Our mission is to enhance  
the quality of life  
in our community  
by fostering personal growth,  
emotional development,  
recovery from trauma,  
self-reliance, and  
healthy relationships.**

# Employee Wellness Center

Employee Assistance Program  
for small businesses



*Child & Family Services  
of Saginaw*



*Benefit Partner*



*Member Discount*



## ***The Employee Wellness Center***

*of Child & Family Services of Saginaw helps individuals and families become more productive and achieve emotional health.*

### ***Our Center***

*is a comprehensive Employee Assistance Program (EAP) that believes in the importance of a holistic approach to health, that encompasses emotional, physical, spiritual and financial wellbeing.*

### ***Our Professional Staff***

*will help employees resolve stressors that affect life satisfaction and job performance; and support employers through management coaching/consultations.*

## ***Small Business Partner***

### ***Benefits***

Large corporations have long made use of our Employee Assistance Program. Small businesses now have access to all the benefits of a full service EAP at a special discounted rate. Saginaw & Midland County Chamber of Commerce members with 25 or less employees have access to our Chamber Partner Rate. We also offer services to non-chamber businesses with 25 or less employees at a competitive rate.



**Coverage for Employees & Dependent Family Members**

**Confidential Assessment, Referral & Counseling Services**

**Unlimited Management Coaching & Consultation**

**Training & Workshops**

**Employee Orientations**

**Supervisory Trainings**

**Psychological First Aid**

**Substance Abuse Assessments & Referrals to Substance Abuse Professionals**

**Referrals to Community Resources**

**Employee & Supervisor Newsletters**

**Utilization Reports**

**Promotional Materials**

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### ***Enhanced Plan Options***

**Additional Counseling Sessions**

**Professional Coaching**

**Professional Development Training**

**DISC Assessments**

**EQi Evaluation**

**Strength Based Assessments**

**Management Team Building**

***Helping individuals and families become more productive and achieve emotional health.***