

**Saturday**  
**July 29, 2017**

**9:00 a.m. VFW - 15 Milford St. Upton**

Registration: **7:30 - 8:45 a.m.**

Pre-Register: **\$25\*** | Ages 70+: **\$20\*** | Day of Race: **\$30**

*\*includes breakfast and performance wicking t-shirt*

Register online:

[milfordchamber/events.org](http://milfordchamber/events.org) or <https://tinyurl.com/lnsr2dd>

**Awards for**

**Overall Male and Female - 1st, 2nd, 3rd**

**1st, 2nd, 3rd Place Winners Male and Female Age Groups**

14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

**Mostly flat, family-friendly course!**

*Water stop at Halfway mark! PR on our fast course!*

**Enjoy music, breakfast & awards following the race**

Questions? Contact Race Director

Kelley Brown | 508.473.6700 | [kbrown@milfordchamber.org](mailto:kbrown@milfordchamber.org)

Checks payable to: Milford Area Chamber of Commerce, Attn: 5K

Mail to: Milford Area Chamber of Commerce, 258 Main Street, Suite 306, Milford, MA 01757

Register online: [milfordchamber/events.org](http://milfordchamber/events.org) or <https://tinyurl.com/lnsr2dd>

First Name \_\_\_\_\_ Last Name: \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

email \_\_\_\_\_ Phone \_\_\_\_\_

DOB \_\_\_\_\_ Age on Race Day \_\_\_\_\_ T-Shirt Size S M L XL XXL

Running Club \_\_\_\_\_ Signature \_\_\_\_\_

Parents Signature (in under 18) \_\_\_\_\_

*In consideration of accepting this entry, I for myself, my heirs, executors & administrators, do hereby discharge Milford Area Chamber of Commerce, the race organizers, any & all sponsors of the race for all injuries and losses suffered by me from competing or attending this event.*

