WOMEN EMPOWERMENT

BECOME AWARE | HEAL | CHANGE
Woman empowerment is the assertion of woman in the patriarchy.

How does it affect woman?

What is the patriarchy?
Is the process in which woman **GAIN** power and **CONTROL** over their own lives and acquire the ability to make choices.
How are we influenced by the patriarchy?

Internalization of disadvantage?

Impact in your behavior
How are my relationship with other woman?

Sisterhood

WOMEN TO WOMEN
EXAMPLE

ASSIGNMENT OF GUILT

AFFAIR RECOVERY
“We can man players and woman SLUTS and home-wreckers over the exact same behavior”

Dr. Astrid
INDIVIDUALLY
CHANGE
COLLECTIVELY
THE ADVANTAGE
OF THE
INTERNATIONAL
COMMUNITY
MYTHS | FEMINISM AND WOMEN EMPOWERMENT

WOMEN EMPOWERMENT AND FEMININE

NETWORKING AND GIRL POWER
In which stage of your life did you feel worse and why?

In which stage of your life did you feel better about yourself and why?

How are you now?

What would you like to change?
BEHIND EVERY SUCCESSFUL WOMEN IS A TRIBE OF OTHER SUCCESSFUL WOMEN WHO HAVE HER BACK