



ExploreHudson

Hudson Area Chamber of Commerce



January News & Events

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**Welcome
New Members:**

[Advocare](#)

[All Construction
Maintenance](#)

[C. Lee Plumbing
Services](#)

[Eram, LLC](#)

[Main Street Massage](#)

[MediaObsessions](#)

[R.B. Thomas Electric](#)

**Thanks to Our
Executive Members:**

Upcoming Events

January 5-First Friday Networking

8-9am

Join members from several surrounding Chambers for morning coffee and networking at Great Lakes Honda, located at 43 Pruitt Blvd. in Akron.

January 10- Professional Women's Network

11:30-1pm

Lager and Vine

Participants pay for their own lunches, and you must be a Chamber member to attend. Our speaker this month will be Joseph McCorvey who is a Consumer Affairs Outreach Specialist from Summit County. He will give a presentation on how to spot and stop a scam. Please register [HERE](#)

January 17-Quarterly Membership Luncheon

11:30-1pm

Jo-Ann Conference Center

Please join us for our first membership appreciation luncheon of the year. Our speaker will be Jane Howington from the city of Hudson. She will be presenting the State of the City Address, where she will talk about the accomplishments in 2017 and offer a look at the exciting new initiatives for 2018. Two members are free from each Chamber membership- any additional members will be \$20.00 per person. Please register [HERE](#).

January 23-Networking Coffee



Allstate
You're in good hands.

8:00-9:00am

Join us before work for coffee and networking at [LeafFilter](#) located at 1595 Georgetown Road in Hudson.



Member Offers & Events

[CYCLEBAR](#) will have their grand opening on January 10th with a ribbon cutting scheduled for January 11th at 10:00am. Please see below for a special offer:

Join Our Mailing List!



**HAVE A BLAST
RIDE FOR FREE
FOR 14 DAYS**

JOIN US FOR CYCLEBAR® BLAST

Ride once, ride twice, ride twenty times! From January 10–24 during our grand opening, we're opening our doors for Cyclebar Blast. This two week party is our introduction to you, the riders, the heartbeat of our studio.

Drop in, clip in, and get ready to Rock Your Ride, Hudson.

CYCLEBAR®
PREMIUM INDOOR CYCLING™

Reserve your spot today:
HUDSON.CYCLEBAR.COM • HUDSON@CYCLEBAR.COM



COMMUNITY FOUNDATION is offering an exciting opportunity to area nonprofits. On February 22nd and 23rd 2018, the Indiana University Lilly School of Philanthropy will present Fundraising for Small Nonprofits at the Hudson Library and Historical Society from 9:30 - 4:30 in the Flood Meeting Room. Fundraising for Small

Nonprofits is a two day course based on the best practices of fundraisers who have enjoyed success at small nonprofits. You will learn a simple six-step framework and explore how to recruit and utilize board members, volunteers and even donors to help you meet your fundraising goals. Cost is \$199 per person, however HCF will cover \$100 for nonprofits who provide services to Hudson (maximum of two individuals per nonprofit).

Registration closes February 9th and space is limited to 40. We do expect the class to fill up quickly. Register by calling Hudson Community Foundation at 330.655.3580.

[Assurance Health](#)- Senior Inpatient Psychiatric Care is hosting an Open House in celebration of the new **Assurance Health Hudson** opening at 6260 Hudson Crossing Parkway. The Open House will be on January 18th from 4:00-7:00 pm. Hors d'oeuvres and cocktails will be served. Please use the main entrance. You can RSVP to Annette Foster at 513-507-1932.

[GemCare Wellness](#) is offering a FREE 16 week program for Chamber Members. Please find details below:



FREE Classes start January 16th
JOIN TODAY!

GemCare Wellness is approved by the CDC as a "Diabetes Prevention Program". This **FREE** program is led by Registered Dietitian coaches that emphasize the need to make lasting lifestyle changes through a supportive, classroom setting over the course of one year to reduce the risk of Type 2 diabetes diagnoses.

OUR **FREE** PROGRAM



HEALTH COACHING

Every Tuesday - 6:00 - 7:00 pm
16 weekly courses: Start January 16th
7 monthly courses: Start June 5th
This is a classroom setting and takes place over the course of 1 year.



GOALS

Together, we establish goals for healthy eating and increased physical activity. This program is designed to help you make modest lifestyle changes and cut your risk of type 2 diabetes by more than half.



LOCATION

Classes will be held at GemCare Wellness
1742 Georgetown Rd, Suites K&L
Hudson, OH 44236

Do you **QUALIFY?**

- 18 years or older with BMI \geq 24kg/m²
- No previous diagnosis of type 1 or type 2 diabetes
- Been diagnosed with prediabetes



Diabetes Prevention Program

Take control of your health!

REGISTER FOR FREE
gemcarewellness.com/diabetes-prevention
800-294-9176

27 E. Main Street
Hudson, OH 44236