



## CHAMBER MEMBER SERVICES/PRODUCTS FOR SENIORS

### **LOS ALTOS LIBRARY**

Santa Clara County Library District offers free delivery of library services to the homebound residing in our service area, including Los Altos Hills and Los Altos. A wide variety of library materials are included: books, videos, DVDs, music CDs, talking books and large-print materials. To apply for this service, contact the reference desk of the Los Altos Library. Our staff will prepare a profile of the type of library materials of interest to the homebound person. A library staff member or volunteer will deliver the materials, or they will be mailed with return postage provided.

[www.sccl.org](http://www.sccl.org)

Los Altos Main Library  
13 S. San Antonio Road  
Phone: (650) 948-7683

### **NOWRx:**

NowRx pharmacy is a local pharmacy that provides free same day delivery. There are no additional fees or charges of any kind, and patients pay the same co-pay they would pay at any other pharmacy. NowRx is a new concept in pharmacy that replaces costly neighborhood stores with a centralized pharmacy warehouse. By saving on overhead costs, NowRx can provide free same day delivery and more.

[www.nowrx.com](http://www.nowrx.com)

2224 Old Middlefield Way, Suite J  
Mountain View, CA 94043  
Phone: (844) 466-6979

### **AMERICAN CANCER SOCIETY**

The American Cancer Society Road to Recovery® program offers cancer patients free transportation to and from their cancer-related treatment. For those who cannot drive themselves or have no other means of getting to treatment, volunteers donate their spare time and the use of their personal vehicle to give cancer patients in their community a much-needed ride.

April Morton, MPH, Program Manager, Mission Delivery  
California Division | American Cancer Society, Inc.

[www.cancer.org](http://www.cancer.org)

Phone: (800) 227-2345 or (831) 772-6531

### **AQUA CLEANERS**

Aqua Cleaners offers complimentary pickup and delivery at your front door.

[www.aquacleaners.com](http://www.aquacleaners.com)

325 First St.  
Los Altos, CA 94022  
Phone: (650) 917-8400

### **DRAEGER'S**

The delivery fee is \$18 per delivery, flat rate. First delivery is free. Delivery windows are 11:00am to 2:00pm and 5:00pm to 8:00pm. Order online at:

[www.draegers.com](http://www.draegers.com)

Help Line: (650) 781-0300

### **BRIAN DAVINO FLORIST**

Home delivery offered at \$12.50 flat fee for Los Altos Hills.

Brian Davino

149 Main St.

Los Altos, CA 94022

[www.davinoflorist.com](http://www.davinoflorist.com)

Phone: (650) 949-8520

### **CURVES**

Curves is a "Silver Sneakers & Silver & Fit" participant which allows seniors free Curves membership. You must be a Medicare-eligible member in a participating health plan. To join, call 650-386-6708 for a free tour and to enroll."

Mimi Ly

Curves

2069 Grant Road

Los Altos, CA 94024

[mimi@bayareacurves.com](mailto:mimi@bayareacurves.com)

[www.bayafreacurves.com](http://www.bayafreacurves.com)

(650) 386-6708

### **THE TIME BUTLER PROFESSIONAL ORGANIZERS**

• Time Management & Productivity Consulting • Office Organizing & File Systems • Large Spaces – Storage Units, Garages, Sheds, Attics, Basements

• Clients experiencing Traumatic Illness or Injury • Organized Relocations  
All of my services are geared towards anyone, but I find that Organized Relocations/Move Management and Organizing for Traumatic Illness or Injury apply mostly to seniors.

Lisa Mark

[lisa@thetimebutler.com](mailto:lisa@thetimebutler.com)

[www.thetimebutler.com](http://www.thetimebutler.com)

2310 Homestead Road, #435

Los Altos, CA 94024

Phone: (650) 965-4201

### **PHRASEMAKER WORD PROCESSING**

Phrasemaker still offers typing, writing, and business services to seniors who are not comfortable using a computer to type or compose letters, memoirs, and other documents.

Fran Vella/ Mark Winitz

220 Main St., Ste. 205

Los Altos, CA 94022

[franvella@earthlink.net](mailto:franvella@earthlink.net)

Phone: (650) 949-1080

### **LAW OFFICES OF DIANA DEAN GENDOTTI**

We happily work with seniors to review (and update if needed) their existing estate plans (including health and financial power of attorney forms, Wills and Trusts) and/or prepare documents if they do not have any. This has become a growing issue due to the aging population, longevity, the complications of privacy laws and the fact that often family members do not live close by the senior.

Law Offices of Diana Dean Gendotti,  
95 Main Street, Suite 7  
Los Altos, California 94022  
[dgendotti@gendottilaw.com](mailto:dgendotti@gendottilaw.com)  
Phone: (650) 947-0307

### **OSHMAN FAMILY JEWISH COMMUNITY CENTER**

We have wonderful daytime programs for seniors on our campus in Palo Alto. Every Tuesday there are lectures and once a month a Music at Noon concert with lunch. We also offer day trips to museums and shows. You do not have to be a member to participate. All the programs are open to the community at large. We have a new free membership called JPass that qualifies you as a member for member prices where applicable. The Fitness Center requires a different membership.

Michelle Rosengaus, Ph.D., Adult Program Manager  
Oshman Family Jewish Community Center  
3921 Fabian Way  
Palo Alto, CA 94303  
[mrosengaus@paloaltojcc.org](mailto:mrosengaus@paloaltojcc.org)  
[www.paloaltojcc.org](http://www.paloaltojcc.org)  
Phone: (650) 223-8616

### **COMMUNITY SCHOOL OF MUSIC AND ARTS**

Our art and music programs are open to Adults. Here is a quick overview of what is available this summer:

Summer Art Classes: Ceramics, Life Drawing (with a live model), Contemporary Collage, Drawing, Landscape Painting, Watercolor, Indian Batik & Tie-Dye, Sewing, Painting, Figure Drawing & Painting

Summer Music Classes: Intro to Guitar, Intro to Keyboard, Intro to Voice, Jazz Combo

Fall classes will begin in September, with registration beginning in mid-July. Registration on website.

Community School of Music and Arts  
[www.arts4all.org](http://www.arts4all.org)  
Finn Center, 230 San Antonio Circle  
Mountain View, CA 94040  
Phone: (650) 917-6800

### **STEVENS CREEK TRAIL**

We offer healthy and fun exercise outdoors jogging or walking on the trail.

[exec-dir@stevenscreektrail.org](mailto:exec-dir@stevenscreektrail.org)  
[www.stevenscreektrail.org](http://www.stevenscreektrail.org)  
Phone: (408) 255-5780

### **HIDDEN VILLA**

- Senior Season Pass to Hidden Villa - Special rate available to seniors, currently \$35; provides access to 8 miles of beautiful trails with varying levels of difficulty.
- Public Programs - A wide variety of programs/classes/events open to all, typically during the weekends and listed on the Hidden Villa Calendar of Events
- Volunteer Positions - Seniors can become part of the Hidden Villa team by volunteering; popular roles for seniors include Weekend Ambassadors and Tour Guides (Weekdays or Weekends)
- Fresh Produce - Hidden Villa donates 25% of our produce to the Community Services Agency which is then available to low-income seniors in Los Altos Hills.

26870 Moody Rd.  
Los Altos Hills, CA 94022

[info@hiddenvilla.org](mailto:info@hiddenvilla.org)

[www.hiddenvilla.org](http://www.hiddenvilla.org)

Phone: (650) 949-8650

### **LOS ALTOS COMMUNITY FOUNDATION**

LACF offers volunteer opportunities that are proven to lead to better mental and physical health!

[www.losaltoscf.org](http://www.losaltoscf.org)

183 Hillview Ave.

Los Altos, CA 94022

Phone: (650) 949-5908

### **PACIFIC HEARING**

Improved hearing can dramatically enhance the quality of your life. Pacific Hearing Service combines personal service with state-of-the-art technology to bring you the best possible results. With over 35 years of service in the Bay Area, we have established a well-deserved reputation for excellence.

[www.pacifichearingsservice.com](http://www.pacifichearingsservice.com)

496 First St., Ste. 120

Los Altos, CA 94022

Phone: (650) 941-0664

### **LOS ALTOS OPTOMETRIC GROUP**

At Los Altos Optometric Group we are participating providers for Medicare. We provide comprehensive eye examinations plus management and treatment for all eye conditions that can affect seniors, including cataracts, glaucoma, macular degeneration and more.

Samuel Pesner, OD & Aaron Neufeld, OD

Los Altos Optometric Group

[www.losaltoseyes.com](http://www.losaltoseyes.com)

133 Second Street

Los Altos, CA 94022

Phone: (650) 948-3700

### **FISCALLY FIT**

Daily Money Management for Seniors. We offer help with managing the daily household finances for seniors (and others), which include paying bills, managing the mail, budgets, filling out forms, organizing financial papers, tax organization, and keeping track of medical and other insurance claims.

Alison Salisbury

[Alison@fiscallyfit.us](mailto:Alison@fiscallyfit.us)

[www.fiscallyfit.us](http://www.fiscallyfit.us)

Phone: (650) 965-4090

### **DONNA VERNA, Private Professional Fiduciary**

As a Private Professional Fiduciary I provide trust management, estate administration, conservatorship services, general or health care power of attorney, health care advocacy, agent for bill pay and case management services to ease family situations relating to aging, illness and life circumstances.

Donna J. Verna, NCG, CLPF

P. O. Box 3805

Los Altos, CA 94024

[dj@vernas.net](mailto:dj@vernas.net)

[www.vernafiduciary.com](http://www.vernafiduciary.com)

Phone: (650) 383-8348

### **COGNIZANT WEALTH ADVISORS**

I provide financial services to seniors including: Retirement Planning, Investment Planning & Management, Tax Strategies, and Long Term Care Planning

Artie Green, CFP®, MBA

CERTIFIED FINANCIAL PLANNER™ Professional

[www.CognizantWealth.com](http://www.CognizantWealth.com)

2600 El Camino Real

Suite 304

Palo Alto, CA 94306

Phone: (650) 209-4062

### **PAYCHEX:**

Often when elderly care is needed, the options are to use a temp service that will provide care with many different people coming and going depending on the shift; or, the family will hire one on their own who will remain a constant and will get to know the caregiver. This is a more realistic and personal approach that our region prefers. Where Paychex comes in is we have reduced package costs to help attain these goals and pay the in-home caregiver or "house hold employee" and help with the tax burden/HR. This also can be more cost effective method depending on scale.

Greg Linder

[glinder@paychex.com](mailto:glinder@paychex.com)

[www.paychex.com](http://www.paychex.com)

Phone: (408) 436-5530 Ext. 46113

**M•DESIGNS ARCHITECTS**

We do design for seniors. Often, the types of services we offer include providing for mobility impairments, accessibility, circulation, etc. This would address issues of how to navigate stairs, getting around in kitchens and bathrooms, placement of fixtures, counter heights, ramps, etc.

M•Designs Architects

[www.mdesignsarchitects.com](http://www.mdesignsarchitects.com)

4546 El Camino Real, Suite 223

Los Altos, CA 94022

Phone: (650) 565.9036

**PAM BLACKMAN – INTERO REAL ESTATE SERVICES**

Transitioning from your home later in life? I am a Certified Senior Housing Professional® and can assist you in selling your home. I understand the complexities involved with your decision. I am here to make this transition as simple as possible for you.

496 First St., Ste. 200

Los Altos, CA 94022

[pam@pamblackman.com](mailto:pam@pamblackman.com)

[www.pamblackman.com](http://www.pamblackman.com) - (click on “Seniors”)

Phone: (650) 947-4798

Cell: (650) 823-0308 Text

**JEANNE MACVICAR – SERENO GROUP**

I work with numerous clients that are down-sizing locally or moving out of the area. I have many resources to assist them but also help them with their housing needs and how to start and complete the process of a monumental task for them during this stressful time. We end up doing many of the services or providing resources necessary to make it happen.

Jeanne MacVicar

Sereno Group Real Estate

369 S. San Antonio Rd.

Los Altos, CA 94022

[jeanne@serenogroup.com](mailto:jeanne@serenogroup.com)

[www.jeannemacvicar.com](http://www.jeannemacvicar.com)

Phone: (650) 743-5010/947-2900

**OWEN HALLIDAY - SERENO GROUP**

Most frequently my senior clients are looking for information: How much is my house worth? What will my capital gains taxes be? Where can I move? How much will it cost to get my house ready to sell? If I were to move, could I rent out my house? We offer consultations to address these and many more questions.

Owen Halliday, Manager

Sereno Group Real Estate

369 S. San Antonio Rd.

Los Altos, CA 94022

[owen@serenogroup.com](mailto:owen@serenogroup.com)

[www.serenogroup.com](http://www.serenogroup.com)

Phone: (650) 492-0062

**HERITAGE BANK:**

We offer a Senior Premium Checking account that is free without any minimum balance requirement. It also includes 2 orders of free checks.

Kelly Davis  
Regional Manager  
Heritage Bank  
419 S. San Antonio Road  
Los Altos, CA 94022  
(650) 917-5304

**PENINSULA STORAGE CENTER**

Peninsula Storage Center specializes in Self Storage Spaces, and we are also a United States Post Office as well as an E-Waste Drop Off Site. Whether you're looking to store just a few items, consolidate your business paperwork or put most of your belongings in a safe and secure place for a few weeks, months or years . . . we have a solution for you.

Raquel Ost-De La Rosa  
2409 Leghorn Street  
Mountain View, CA 94043  
Phone: (650) 968-7700  
Fax: (650) 962-1963  
[peninsulastorage@comcast.net](mailto:peninsulastorage@comcast.net)  
[www.peninsulastorage.com](http://www.peninsulastorage.com)

**LOS ALTOS VAULT & SAFE DEPOSIT CO.**

121 First St.  
Los Altos, CA 94022  
[lavasdc@yahoo.com](mailto:lavasdc@yahoo.com)  
Phone: (650) 949-5891  
Fax: (650) 949-5895

**SPANGLER MORTUARIES**

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