



Hinsdale Chamber of Commerce
Farmers Market Fitness/Library/Recipe
Calendar
2019

June

- 3 **InnerJasmine (7-8am)**
Chef Paul Virant: Vistro: Asparagus
Hinsdale Public Library: Kids Activities (11 am -1 pm)
- 10 **F45 Training Hinsdale (7:30-8:30am)**
Chef Paul Virant: Vistro: Asparagus
Hinsdale Public Library: Kids Activities (11 am -1 pm)
- 17 **Five Seasons (Fitness) 7-8am**
Barbie Boules Longevity Nutrition: Shakshuka w/Fennel & Thyme
Hinsdale Public Library: Kids Activities (11 am -1 pm)
- 24 **Energie Pilates 8-9am**
Harry & Eddies: Strawberry Chicken Salad
Hinsdale Public Library: Kids Activities (11 am -1 pm)

July

- 1 **InnerJasmine (7-8am)**
Chef Paul Virant: Vistro: Bread & Butter Pickles
Hinsdale Public Library: Kids Activities (11 am -1 pm)
- 8 **Five Seasons (Fitness) 7-8am**
Chef Paul Virant: Vistro: Bread & Butter Pickles
Hinsdale Public Library: Kids Activities (11 am -1 pm)
- 15 **F45 Training Hinsdale (7:30 – 8:30am)**
Michael Jordans Restaurant: Blueberry Crisp w/Lemon Struesel
Hinsdale Public Library: Kids Activities (11 am -1 pm)
- 22 **Club Pilates Westmont (7:30 - 8:30 am)**
Harry & Eddies: Strawberry Chicken Salad
Hinsdale Public Library: Kids Activities (11 am -1 pm)
- 29 **Energie Pilates 8-9am**
Harry & Eddies: Beet Salad
Hinsdale Public Library: Kids Activities (11 am -1 pm)

August

- 5 **InnerJasmine (7-8am)**
Barbie Boules Longevity Nutrition: P.L.T. Egg Muffins
- 12 **Five Seasons (Fitness) 7-8am**
Michael Jordan's Restaurant: Roasted Sweet Corn & Watermelon Salad
- 19 **Shred415 HIIT Fitness Class 8-9am**
Barbie Boules Longevity Nutrition: Cauliflower Crust Pizza
- 26 **F45 Training Hinsdale (7:30 - 8:30am)**
Michael Jordans Restaurant: Blueberry Crisp w/Lemon Struesel

September

- 2 **Shred415 HIIT Fitness Class 8-9am**
Chef Paul Virant: Vistro: Tomatoes
- 9 **Energie Pilates (9-10am)**
Barbie Boules Longevity Nutrition: Shakshuka w/Fennel & Thyme
- 16 **InnerJasmine (7-8am)**
Chef Paul Virant: Vistro: Tomatoes
- 23 **Shred415 HIIT Fitness Class 8-9am**
Harry & Eddies: Beet Salad
- 30 **Club Pilates Westmont (9:00 – 10:00 am)**
Barbie Boules Longevity Nutrition: Beetroot Buckwheat Crepes

October

- 7 **InnerJasmine (7-8am)**
Barbie Boules Longevity Nutrition: Cauliflower Crust Pizza
- 14 **Club Pilates Westmont (9:00-10:00 am)**
Michael Jordan's Restaurant: Roasted Sweet Corn & Watermelon Salad