"Conversation Card" questions discussed today. Here are the examples:

These questions allow team members to shed light on their goals, successes, struggles, and needs. They also break the surface of team building and influence other members of the team to be vulnerable. They allow for answers that are opinion and preference based, meaning employees are less likely to feel judged on their responses to these questions:

Surface Level Questions:
1. If you could have one super power, what would you choose and why?
2. If you could live anywhere in the world where would it be and why?
3. What is your favorite possession?
4. If you could stay the same age forever, what age would that be and why?
5. Are you a morning bird or a night owl?
6. What item or gadget are you currently dreaming of buying?
7. Would you prefer to go to the mountains or the beach?

Vulnerable Questions:
1. Who has been the most influential person in your life?
2. What is your biggest accomplishment in your academic or professional life?
3. Where do you see yourself in 10 years?
4. Recall the best day of your life:
5. Recall the worst day of your life:
6. What aspect of your personality is the most valuable to those around you?
7. What is one of the biggest goals within your personal life?

These questions can be used with large groups or small. They can also be used at the start of a virtual meeting, as an energizer for a longer meeting, or as a closing segment to finish off a meeting in a connecting way.