

# PUSH Rules of Engagement

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**Be kind.** Create an open, comfortable environment by being the welcoming, respectful and loving woman you are.

**Be confidential.** Create a safe zone. Remember, what's said in the PUSH group, stays in the PUSH group.

**Be brave.** Invite people from outside your daily life. Think beyond the confines of industry, age and comfort.

**Be open.** This is the place where you can ask hard questions. It's OK! Just do it. That's what PUSH is for.

**Be ready.** When you set and meet PUSH goals, doors will start opening and things will start happening.

**Be encouraging.** Offer support, encouragement and ideas to your fellow PUSH members.

**Be accountable.** Hold yourself and others accountable to PUSH goals.

**Be available.** Share inspiration and check in with one another between PUSH meetings.

**Be true.** Join and attend for the right reasons. No solicitation, please.