

For updates look for our Event Page on the "Berry Dairy Days Road Run" Facebook

 @berrydairydaysroadrun

Start / Registration: 520 E. Fairhaven—
Corner of Oak Street & Fairhaven.

Directions: From South - Exit 230 off of I-5, Turn Right (East on Hwy 20) at end of exit ramp, Turn Left (N) at 2nd Light Burlington Blvd, Follow Burlington Blvd 1 block to the stoplight at Fairhaven Ave. Turn Right onto Fairhaven Ave.

From North - Exit 231 off of I-5. Turn left off exit ramp, back over freeway and follow past high school to light at Fairhaven. Turn

Schedule:
Registration: 7:00-8:45AM
1/2 EARLY Start (2:30+): 8:00AM
1/2 M, 10K, & 5K Start: 9:00AM

Results: Immediately following each race

Entry Fee (12 yrs and under free)

Pre-Registration by June 13th:

5K	\$15.00
10K	\$20.00
Half Marathon	\$30.00

Day of Race (and after June 13th):

5K	\$20.00
10K	\$25.00
Half Marathon	\$40.00

Shirts (while supplies last): \$15.00
Entry Fee non-refundable and non-transferable

Register via: www.active.com

Or mail entry to (and Checks Payable to):
Berry Dairy Days Runs
1065 Chuckanut Drive
Bellingham, WA 98229

Or, Register in person at Skagit Running Company in Mt. Vernon or Fairhaven Runners in Bellingham

Awards

Age Division Ribbons: 1st—4th

1st Overall Male and Female in each race receive a plaque. 1st Place Masters Man and Woman in Half Marathon will receive a plaque.

1/2 Marathon Finisher Medals

T-Shirts: \$15 while supplies last

Course Descriptions:

See website for links to detailed maps.

1/2 Marathon: USATF Certified. Flat course follows 10K and merges onto Skagit River Dike with packed gravel trail that parallels scenic river for 5 miles. Finishes along Fairhaven.

10K: USATF Certified flat and fast course routes through scenic downtown Burlington heading towards Skagit Valley's fertile farmlands. Out and back finishes on Fairhaven.

5K Fun Run: Flat and fast, finishes along Fairhaven.



41st Annual

BERRY Dairy DAYS

USATF Certified

1/2 Marathon (13.1 Miles)

& 10K Run

5K Fun Run



SUNDAY, June 16th, 2019

9:00am Start - All Races

1/2M Early Start @ 8:00am

2019 Berry Dairy Days Runs

Last Name

First Name

Address—Street, City, State, Zip

Day Phone

Age, race day

(M/F)

Race (circle): **5K** **10K** **1/2 Mara**

Email Address: _____

Shirt Size (**\$15 addtl.**) S M L XL

2019 Berry Dairy Days Runs-MANDATORY WAIVER & RELEASE

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree and abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to falls, contact with other participants, the effects of the weather including high heat, and/or humidity, traffic and the conditions of the road, all such risk being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release The Berry Dairy Days Run, Skagit Runners, Kevin Ryan, Chris Whan, The City of Burlington, Dike District, and all other Berry Dairy Days Run sponsors and suppliers, and all representatives and successors of the foregoing from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission for all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I have read the attached announcement, agree to be bound by its provisions including, but not limited to the non-refundability and non-transferability of the entry fee, and certify that the information filled into this form is true and correct. A parent or legal guardian signing for a participant under 18 years of age further agrees as follows: I certify that my child has permission to compete in this event, is in good physical condition, and that event officials may authorize necessary emergency treatment.

Signature of Participant or Signature of Parent or Legal Guardian if under 18

Date

Thanks to our sponsors:



Information

www.facebook.com/berrydairydays/