

# Emotional Intelligence

*More than People Skills*

*Emotional Intelligence can change your life*

***Presented by***

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*“Anyone can become angry that is easy  
But to be angry with the **right person** and  
to the **right degree** and at the **right time**  
and for the **right purpose** and in the **right**  
**way** that is not within everybody’s power  
and is not easy.”*

*Aristotle*

# Future of Jobs Report, World Economic Forum

## Top 10 Skills

2020	2015
Complex Problem Solving	Complex Problem Solving
Critical Thinking	Coordinating with Others
Creativity	People Management
People Management	Critical Thinking
Coordinating with Others	Negotiation
<b>Emotional Intelligence</b>	Quality Control
Judgment and Decision Making	Service Orientation
Service Orientation	Judgment and Decision Making
Negotiation	Active Listening
Cognitive Flexibility	Creativity

# What is Emotional Intelligence

*“Emotional Intelligence is about making intelligent responses to negative feelings, and using specific skills to generate positive emotions in self and others through being present, empathetic, genuine, resilient and empowering in our behavior as often as possible.”*

Dr. Ben Palmer

El Experience

*“I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”*

*Maya Angelou*

Thank You