

COVID-19 Community Services Available

(Silver Spring, White Oak, Takoma Park)

If you need assistance:

Manna Food Center Meal Pickup Locations

Manna Food Center is temporarily **waiving income requirements** to provide food to any Montgomery County resident impacted by the COVID-19 crisis. Residents are encouraged to contact Manna as soon as possible to begin receiving food through regular distribution channels. To receive food you must call Manna's main office during regular business hours (Monday through Friday, 8:00am-4:00pm) at **(301) 424-1130**. They must receive your call by 3:00 pm the day before you would like to receive food. When you arrive, bring an ID or other form of documentation to confirm you are a Montgomery County resident. More info: <https://www.mannafood.org/about/contact-manna/manna-food-distribution-sites/>.

Blair High School Parking Lot

Silver Spring, MD 20901

- Use soccer field entrance
- 2nd and 4th Saturdays of every month: 9:00am - 10:00am

Clifton Park Baptist Church

8818 Piney Branch Road Silver Spring, MD 20903

- Outside: Look for truck in parking lot
- Wednesdays from 4:00pm - 7:00pm

Manna Market

12301 Old Columbia Pike, Silver Spring, MD 20904

- Indoor walkthrough
- Tuesdays from 9:00am -12:00pm and 4:00pm-7:00pm
- Thursdays from 9:00am - 12:00pm
- Wednesdays and Fridays from 10:00am - 12:00pm and 1:00pm - 3:00pm
- 1st Saturday of the month from 9:00am - 12:00pm

Colesville Presbyterian Church

12800 New Hampshire Ave Silver Spring, MD 20904

- Indoor walkthrough
- 4th Friday of every month 3:00pm - 7:00pm

Meal Pick Up Locations for Montgomery County Public Schools Students

All children may come to any of these locations to receive a nutritious meal. No appointment is necessary. Meals will be provided in a Grab-and-Go format. Meals will be available Monday through Friday from 11:00am – 1:00pm unless otherwise specified. For more details visit: https://www.montgomeryschoolsmd.org/uploadedFiles/Coronavirus/COVID-19_Emergency_Closure_Meals_for_MCPS_Students.pdf

<u>Elementary Schools</u>		<u>Middle Schools & High Schools</u>
Burnt Mills Elementary School 11211 Childs St. Silver Spring, MD 20901	Roscoe Nix 1100 Corliss St. Silver Spring, MD 20903	Francis Scott Key 910 Schindler Dr. Silver Spring, MD 20903
Oak View 400 East Wayne Ave. Silver Spring, MD 20901	Jackson Road 900 Jackson Rd. Silver Spring, MD 20904	Montgomery Blair 51 University Blvd, East Silver Spring, MD 20901
JoAnn Leleck at Broad Acres 710 Beacon Rd. Silver Spring, MD 20903	East Silver Spring 631 Silver Spring Avenue Silver Spring, MD 20910	<u>Mobile Location</u> Nob Hill Apartments (11:00am - 1:00pm) 9120 Piney Branch Rd. Silver Spring, MD 20903
New Hampshire Estates 8720 Carroll Ave. Silver Spring, MD 20903		<u>Bus Distribution Location</u> Forest Park Apartments (11:00am – 12:30pm) 9316 Piney Branch Rd. Silver Spring, MD 20903
Rolling Terrace 705 Bayfield St. Silver Spring, MD 20903		

Meals on Wheels (Delivery)

Meals on Wheels will remain open and is committed to addressing COVID-19 related needs. Those who are eligible are people who are unable to cook for themselves and are homebound due to age, disability, or illness. Meals on Wheels is staying up-to-date on the evolving situation with the coronavirus pandemic and are updating their practices for safety purposes. To apply for the Colesville Meals on Wheels (zip codes 20901, 20903, 20904) by calling **301-384-7440** or by using this link:

<http://www.colesville-meals-on-wheels.org/client-information/cmow-online-application>.

To apply for the Takoma Park Meals on Wheels program (zip codes 20910, 20912), call **301-434-1922**

Shepherd's Table (Boxed Meals)

Shepherd's Table, which hasn't missed a meal in 35 years, is still serving free meals every day from their headquarters right by the Fire Department at **8106 Georgia Ave, Silver Spring, MD 20910**. The only difference is that now they're handing out boxed meals, rather than serving in the dining hall. For the time being, they're serving just two meals per day: Brunch, from 10:30 to 11:30 am; and Dinner, from 6:00 to 7:30 pm.

Adventist Community Services of Greater Washington

The Adventist Community Service Center is taking new clients during the coronavirus crisis.

Qualified clients can visit the center once a month for food. You can request an appointment with a case manager by calling us at 301-585-6556. People who qualify can receive food the same day. To learn more, visit their website at <http://www.acsgw.org/food.html>.

Location: 501 Silgo Ave, Silver Spring, MD 20910

Additional Food Assistance Information

The Montgomery County Food Council's Online Food Assistance Resource Directory is a mapped database of food assistance providers and benefits application assistance sites in Montgomery County, and is searchable by location, food assistance type, accessibility and many other special features.

Click here: <https://mocofoodcouncil.org/food-assistance-resource-map/>

Unemployment Insurance

To apply for unemployment benefits visit

<http://www.dlr.state.md.us/employment/unemployment.shtml>

If you need individual help with your claim, please contact my office

lorig.charkoudian@[house.state.md.us](mailto:lorig.charkoudian@house.state.md.us)

The Division of Unemployment Insurance has call center hours from 7:30am - 3:30pm at **410-949-0022**. They may also be contacted by email at ui.inquiry@maryland.gov.

There is currently an *exemption* from the weekly work search requirement for unemployment insurance:

This exemption is effective for 10 weeks.
This will be reassessed if necessary.

If you began receiving benefits before this exemption was issued, you are exempted from the weekly work search for 10 weeks.

Maryland does **not** have a **waiting period** to apply for unemployment insurance.

You are eligible for unemployment insurance benefits if you are temporarily out of work or quarantined due to COVID-19.

Health Care for Uninsured Marylanders

Maryland Health Connection has a new health care enrollment period for uninsured Marylanders. Enrollment began Monday, March 16th and will go through Wednesday, April 15th. Health care coverage will begin on April 1st, 2020. The application can be found at <https://www.marylandhealthconnection.gov/how-to-enroll/>. Call 855-642-8572 if you need assistance while enrolling. For more details visit <https://www.marylandhealthconnection.gov/coronavirus-sep/>.

Senior Call Check Program

Every day a telephone call will be placed to a participant at a regularly scheduled time. These calls will take place between 8:00am and 4:00pm as close as possible to the one-hour time block pre-selected by the participant. If the participant does not answer their first call, they will be tried two more times. If those calls go unanswered, additional calls will be made to notify an alternative person who is selected by the participant during program enrollment. This could be an adult child, a neighbor, or another loved one. The alternate will then be encouraged to check on the older adult program participant. The failure of the participant and alternate to answer may result in a Welfare Check by local law enforcement.

The program is a useful resource during the COVID-19 global pandemic. Senior Call Check phone lines are open Monday 8:00am-5:00pm and Saturday 9:00am-3:00pm. The program will provide messages and updates regarding the COVID-19 outbreak during scheduled call times. During these hours, seniors can call toll-free **1-866-50-CHECK** and register. You can also register online by visiting this link:

<https://aging.maryland.gov/Pages/senior-call-check.aspx>

The program will provide messages and updates regarding the COVID-19 outbreak during scheduled call times.

Senior Meal Resources

Senior Connection Shoppers Program: Grocery assistance for senior residents

Meal Delivery Options:

- **Villages:** The Villages Programs are found at various locations throughout the County, and are offering grocery assistance and other volunteer support to our senior community.
- Prepared Meals are also available for grab-and-go at [Senior Congregate Meal Sites](#) for enrolled participants (White Oak) each Wednesday

Mental Health Services

If you, or someone you know, is experiencing a mental health crisis there are 24-hour crisis hotlines in place to connect you to the resources you need.

Maryland Crisis Hotline – 1-800-422-0009

State-wide 24-hour crisis intervention and referral hotline for suicide, family and relationship problems, shelter needs, violent or threatening domestic situations, loneliness, depression, chemical dependency issues, and others.

National Suicide Prevention Lifeline – 1-800-273-8255

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. Visit website for more information: <https://suicidepreventionlifeline.org/>

This list was compiled by the Office of Delegate Lorig Charkoudian on March 24th, 2020. If you have any questions and/or need further assistance, please email me at: lorig.charkoudian@house.state.md.us