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FOR IMMEDIATE RELEASE

Community invited to 50+ Expo, a Local Health and Lifestyle Fair, on October 10 in Arroyo Grande

ARROYO GRANDE—The community is invited to attend the 14th Annual 50+ Expo, a local health and lifestyle fair, on October 10 from 9 a.m. to 1 p.m. This free event showcases health, finance, leisure, fitness, personal safety, and business services for adults over the age of 50 and their caregivers.

Some of the services available to 50+ Expo attendees include free seasonal flu shots, free health screenings, giveaway items, raffles, free snacks, travel opportunities, volunteerism options, and free breakfast burritos provided by the 5 Cities Men's Club.

South County Chambers of Commerce is hosting the 50+ Expo at the South County Regional Center located at 800 West Branch St. in Arroyo Grande. This event is sponsored by Dignity Health/Arroyo Grande Community Hospital and Community Health Partners (CHC).

Vendor space is still available. For more information, please visit southcountychambers.com, or call (805) 489-1488.

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