



ARIZONA BUSINESS & EDUCATION COALITION

Monthly Meeting Fall Series
Friday, September 18, 2020

10:30 A.M – 12:30 P.M.

Looking Ahead
Do We Understand the Mental Health Challenges Impacting Our AZ Schools?

Arizona Association of School Psychologists (AASP) www.aasp-az.org

Dr. Shannon Morse, *Lead School Psychologist*, Cave Creek Unified School District.
Email: shannon.morse@aasp-az.org

Dr. Jennifer Ostrom, *Lead School Psychologist*, Tempe Elementary School District
Email: jennifer.ostrom@aasp-az.org

Arizona School Counselors Association (AzSCA) www.azsca.org

Britney Griffith, *Lead School Counselor*, Lake Havasu High School
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Sarah Skemp, *School Counselor*, Lake Havasu High School
Email: sjskemp@gmail.com

Bring Change 2 Mind (BC2M) www.bringchange2mind.org

Dr. Leslie Carr, *Licensed Clinical Psychologist*, **BC2M Scientific Advisory Council**
www.lesliecarr.com
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Leanne Murphy, *Arizona Regional Manager*
Email: leanne.murphy@bringchange2mind.org
Phone: 602-859-7948

Teen Lifeline www.teenlifeline.org

Crisis Hotline: 602-248-8336

Morgan Phillips, *Prevention Lead and Hotline Supervisor*, **Teen Lifeline.**
Email: morgan@teenlifeline.org

Touchstone Health Services www.touchstonehs.org

Lydia Cruz-Cossio, *Assistant Director of Prevention and Health Promotion*
Email: Lydia.cossio@touchstonebh.org

Additional Resources/Suggestions provided by attendees

Here is a link to the **SEL Competencies** that ADE recently released. <https://www.azed.gov/standards-practices/standards-and-competencies>

a great program supporting male youth and their families is **Boys To Men**. Worthwhile to check them out if not familiar. Traditionally they have worked with young boys MS thru HS but now are expanding to work with families as well to 'close the loop' as we are hearing about here. Steve Murphy is executive director in Phoenix www.boystomenphoenix.org

I highly recommend the book, **Framework for Understanding Poverty** by Dr. Ruby Payne. It's literally a quick weekend read but will make a huge impact in your professional lives as you work with the general public.

Here's the "**surge capacity**" article: <https://elemental.medium.com/your-surge-capacity-is-depleted-it-s-why-you-feel-awful-de285d542f4c>
Very well written and thoughtful