

Body Protection

Objective: To familiarize employees with common types of body protection and best practices for their use

Body protection generally protects the wearer's torso from various hazards, but it can also include full-body coverage.

The appropriate level of body protection needed for a task is determined by a job hazard assessment performed before work begins.



Common Types

- Aprons
- Laboratory coats
- Front or rear gowns
- Vests
- Jackets
- Coveralls
- Chaps
- Full body suits

Common Materials

- Paper or fiber
- Rubber
- Treated wool or cotton
- Leather

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Best Practices

Before use:

- Assure that you have been fully trained on its proper use.
- Inspect body protection for holes, cuts, or other noticeable signs of wear.
- Replace any worn or damaged articles.
- Assure that body protection fits properly. Ill-fitting protective clothing may result in additional hazards such as trips and caught-in hazards.

After use:

- Perform on-site cleaning and maintenance of body protection equipment. **Do not clean body protection items at home or in public laundromats.**
- If working with chemicals, biohazards, or other hazardous materials, remove and properly dispose of any contaminated clothing immediately.

Body Protection

This form documents that the training specified above was presented to the listed participants. By signing below, each participant acknowledges receiving this training.

Organization: _____ Date: _____

Trainer: _____ Trainer's Signature: _____

Class Participants:

Name: _____ Signature: _____

Name: _____ Signature: _____

Name: _____ Signature: _____

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Remember to document attendance in the Training Track application of the Risk Management Center.