<table>
<thead>
<tr>
<th>Time</th>
<th>Presentation</th>
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<tbody>
<tr>
<td>7:30 am</td>
<td>Exhibitor Set up</td>
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<tr>
<td>8:00 to 8:45 am</td>
<td>Registration, Networking and Continental Breakfast</td>
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<tr>
<td>8:45 to 9:00 am</td>
<td>Welcome</td>
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<td>Opening Remarks</td>
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<td>Introduction of Planning Committee</td>
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<tr>
<td>9 to 10:30 am</td>
<td><strong>An Overview of Integrated Primary Care</strong></td>
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<td><em>Jessica K. Beal, Psy.D.</em></td>
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<td>Behavioral Health Manager –</td>
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<td>Integrated Care, Passport Health Plan, Louisville, KY</td>
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**Session Description:** This session will explore the various models of implementing behavioral health integration into primary care. We will look at the ways in which primary care already delves into behavioral health care and ways in which integrated care can take whole patient care to the next level. I will speak from my own experiences as a behavioral health provider working in various medical settings to highlight the rewards of integrated care from the provider perspective and the clinical trajectory of integrated care.

**Following the presentation, participants will be able to:**

1. Understand the basics of the integrated care continuum and how to move along the continuum
2. Understand different models for and pathways to integrated care

**Biography:** Dr. Beal completed her master’s and doctoral degrees in clinical health psychology at Spalding University. After completing her internship year in integrated primary care, specializing in pediatrics at Cherokee Health System in Tennessee, she returned to Kentucky for the Lovick C. Miller fellowship in pediatric psychology at the University of Louisville School of Medicine, Division of Child and Adolescent Psychiatry and Psychology. Following an extended fellowship in behavioral medicine for stem cell transplant, she served as the pediatric psychologist and Director of Pediatric Hematology/Oncology Behavioral Health with the Division of Pediatric Hematology/Oncology/Stem Cell Transplant. Dr. Beal also has a background in pediatric rehabilitation and brain injury. In April of 2015, took a position as the Behavioral Health Program Manager for Integrated Care at Passport Health Plan.
### First Steps to Integration

Panel Facilitated by **Phyllis Platt, Ph.D.**, Chief Executive Officer, Shawnee Christian Health Care, Louisville, KY

#### Panel Representatives:
- **Shelia M. Cundiff, LCSW, LCADC** – Director of Behavioral Health, Shawnee Christian Health Care, Louisville, KY
- **Tara Stanfield, LCSW, MPA** – Director of Integrated Health, HealthFirst Bluegrass, Lexington, KY
- **Lisa J. Hernandez, LCSW** – Behavioral Health Manager, Bluegrass Community Health Center, Lexington, KY
- **Kim Pulliam, LCSW** – Coordinator of Behavioral Health & Substance Abuse Services Sterling Health Solutions, Mt. Sterling, KY

#### Session Description:
Panel discussion facilitated by Phyllis Platt, PhD to allow discussion by members in KPCA around what it takes to begin the integration process. Each panelist will have an opportunity to introduce what is going on at their center and a question and answer session will follow.

#### Following the presentation, participants will be able to:
1. Outline various opportunities to integrate behavioral health into their clinic.
2. Describe tools and resources that can be utilized as aids to integrate behavioral health with primary care.
3. Compare and contrast various barriers and solutions to fully integrating behavioral health into primary care.

#### Biography: Dr. Platt
Dr. Platt earned a PhD from the University of Kentucky School of Social Work in 2008. She has spent the last 25 years working with non-profits and other community based organizations focused on developing innovative strategies to address community needs. For the past six years Dr. Platt has worked with several health organizations in Kentucky on capacity building through grants and other projects. She currently serves as the CEO of Shawnee Christian Healthcare Center located in the west end of Louisville. Having been part of the development of this health center program over a 10-year period, she finds it both rewarding and challenging to continue to work alongside neighborhood residents to look for innovative ways to address health needs and change community health. Having grown up in rural East TN, Dr. Platt continues to see the shared challenges and the collective community power that comes when both rural and urban neighbors join together to solve problems.

#### Panel: Shelia Cundiff
Shelia Cundiff is from Hodgenville, Ky. Prior to her career as a Social Worker she was in the United States Army for 16 ½ years. She graduated with a Master's Degree in Social Work from Spalding University, Louisville, KY in May 2000. She is a Licensed Clinical Social Worker and Licensed as a Clinical Alcohol and Drug Counselor. She has worked with persons with mental health and substance abuse disorders for 18 years. She currently serves as the Director of Behavioral Health at Shawnee Christian Healthcare Center in Louisville, KY.
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<td>10:45 to</td>
<td><strong>Tara Stanfield</strong> is a licensed clinical social worker with a master’s degree in public administration. As the Director of Integrated Health at HealthFirst Bluegrass in Lexington, KY, Tara is responsible for behavioral health services as well as the design/implementation of embedded behavioral health consultants and community health workers across multiple primary care teams. Prior to her work in primary care, Tara was a clinician and administrator in community mental health focusing her practice on substance misuse. Tara had the opportunity to work with other mission driven professionals to increase access to integrity driven medication assisted treatment and residential treatment programs, design/implement peer specialist service lines, and train health care and legal professionals on the impacts of addiction. Also a Member of MINT (Motivational Interviewing Network of Trainers), Tara is an active Motivational Interviewing trainer and consultant.</td>
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<tr>
<td>11:45 am</td>
<td><strong>Lisa Hernandez</strong> is a licensed clinical social worker who received her Master of Social Work degree from the University of Kentucky. At Bluegrass Community Health Center (BCHC), Mrs. Hernandez has over four years of experience working in the Integrated Health Model of Care providing bilingual English/Spanish counseling services, serving multicultural clients with a variety of challenges including homelessness, substance use, migration experiences, domestic violence, refugee resettlement and more. She has been active in all areas of implementation for Behavioral Health services within the Federally Qualified Health Center, Patient Centered Medical Home of BCHC, including brief interventions in the primary care setting, outpatient counseling, program development, and involvement in developing and implementing components of the Medication Assisted Treatment (MAT) program.</td>
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<td>11:45 am</td>
<td><strong>Kim Pulliam</strong> is originally from Vandalia, Ohio. She is an LCSW who received her Master’s in Social Work from the University of Kentucky in December of 1998. She has worked in the Mental Health field for over 30 years in a variety of settings including outpatient services, psychiatric units, foster care and consulting for the State of Kentucky. She currently serves as the Coordinator for Mental Health and Substance Abuse Services for Sterling Health Solutions where she has been actively involved in integrating behavioral health with primary care as well as developing and implementing an Opiate MAT program.</td>
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| 11:45 am to  | **Lunch Keynote: Moving the Needle in Population Health: Blending Behavioral Health into the Primary Care Safety Net**  

*Parinda Khatri, Ph.D.*  
Chief Clinical Officer, Cherokee Health Systems,  
Knoxville, Tennessee  

**Session Description:** This presentation will provide an overview of integrated primary behavioral care for vulnerable and underserved populations. The key components of the clinical model and implementation strategies to address the needs of safety population will be addressed. |
Following the presentation, participants will be able to:
1. Describe core components of blending behavioral health into a primary care model of population health.
2. Describe clinical, operational, and informatics implementation strategies to address needs across the continuum of care for vulnerable and underserved communities.
3. Identify three examples of integrated behavioral health and primary care to improve prevention, intervention, and complex care management

Biography: Parinda Khatri, Ph.D. is Chief Clinical Officer at Cherokee Health Systems (CHS), a comprehensive community health care organization in Tennessee that is a Federally Qualified Health Center and Community Mental Health Center. She earned her doctorate in clinical psychology at the University of North Carolina at Chapel Hill and completed a Post-Doctoral Fellowship in Behavioral Medicine at Duke University Medical Center. As Chief Clinical Officer at Cherokee Health Systems, she provides oversight and guidance on clinical quality, program development and management, workforce development, clinical research, and clinical operations for blended primary care and behavioral health services within the organization. Dr. Khatri is the training director for CHS’ APA Accredited Psychology Internship program as well as APPIC member post-doctoral psychology fellowship program in integrated primary care. She is also the principal investigator of several research programs at CHS, including the NIH Precision Medicine All of Us Research Program. Dr. Khatri is also involved in integrated healthcare policy and practice issues at the national level. She is past President and Board Member of the Collaborative Family Healthcare Association (CFHA), a member of the National Integration Academy for the Agency for Healthcare Research and Quality (AHRQ), and on several national advisory boards for improving population health and integrated primary care, including the National Center for Integrated Behavioral Health in Primary Care at the University of Pennsylvania and the Center for Integrated Primary Care at the University of Massachusetts. She is also on the Clinical Advisory Committees for Amerigroup as well as BlueCare of Tennessee.

The Keynote Speaker is sponsored by -

Utilizing Screening Tools to Innovate in Your Practice
Panel Facilitated by: Mark Bush, RN, BSN
Kibibi Montgomery, MSSW, CSW
QI/HIT Advisors, QSource, Louisville, KY

Session Description: Efforts to integrate behavioral health in the primary care setting as well as improve care transitions of patients following a psychiatric hospitalization can be a challenge to most primary care practices. This presentation will inform the audience about the QIO Behavioral health program that provides support to primary care practices in integrating behavioral health into their practice by providing tools, educational opportunities and best practices.
Following the presentation, participants will be able to:
1. Provide an overview of the Quality Improvement Organization/Network Behavioral Health Program.
2. Inform and educate others of the current status of the QIO/QIN’s Behavioral health program with a focus on current practices that have partnered with the QIO and have taken steps to integrate behavioral health screenings into their practice.
3. Outline resources and support available through this program to assist in the integration of behavioral health in the primary care setting.

Biography: Mark Bush worked as a Psychiatric RN prior to beginning his work with QSource. His work as a nurse has covered several areas such as critical care, corrections and occupational nursing. He found his “niche” working as a Psych Nurse in a busy correctional facility and has devoted his career to advancing Behavioral/Mental health. Mark is currently attending Eastern Kentucky University to obtain a Psychiatric Mental Health Nurse Practitioner distinction.

Kibibi Montgomery graduated from Indiana University in 2003 with her Bachelor Degree in Social Work. Following graduation, she started working with children and families. In 2005, she decided to continue her education and was excepted into the advanced standing program at the Kent School of Social Work at the University of Louisville. Shortly after graduation, she was hired as a Mental Health Professional at the Department for Metro Corrections. She continued in this role until her promotion to Mental Health Director in 2013. In 2015, when CMS began to focus on behavioral health, Kibibi decided that she need to be part of this movement so she joined QSource as a Quality Improvement/Health Information Technology Advisor. She is excited about her work at QSource and the work that is done to improve the integration of behavioral health in primary care.

West Virginia Project ECHO Medicated-Assisted Treatment

**Jay Mason**
Collaborations Innovations Manager – West Virginia Clinical and Translational Science Institute, Morgantown, WV

**Session Description:** Project ECHO is a lifelong learning practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model is its hub-and-spoke knowledge-sharing networks, led by expert teams who use multi-point videoconferencing to conduct virtual clinics with community providers. This presentation will walk through how this model was adopted in the area of Medication-Assisted Treatment.
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| 2:30 to 3:30 pm | **Following the presentation, participants will be able to:**  
1. Summarize the background of Project ECHO.  
2. Outline how WV Project ECHO MAT was initiated.  
3. Differentiate the advantages and future directions of utilizing the ECHO model with MAT |

**Biography: Jay Mason** currently serves as the Collaborative Innovations Manager for the Community Engagement and Outreach Core (CEO) in the West Virginia Clinical and Translational Science Institute (WVCTSI). His primary responsibility is managing Project ECHO in West Virginia. WV Project ECHO has grown its knowledge-sharing network to five specific areas including hepatitis C, chronic pain, medication-assisted treatment, psychiatry, and chronic lung disease. When Jay is not working on ECHO, he is working to help develop and expand the WV Practice-Based Research Network as part of their steering committee. He also goes out into the communities across West Virginia to promote practice-based research. Jay graduated from West Virginia University in 2007 with a degree in communication studies, and is currently working on a Master’s in Public Administration from Kent State University.

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<tr>
<th>Time</th>
<th>Break and Exhibitor Visits</th>
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| 3:45 to 4:45 pm | **Integrate. Innovate. Motivate. Roundtable Session**  
Facilitated by: **Kayla D. Rose, MA, RRT, PMP ®**  
Director of Practice Improvement Programs,  
Kentucky Primary Care Association, Frankfort, KY |

**Session Description:** This session will feature facilitated discussion around the following topics: Data, Reimbursement/Payment, and Resources/Tools. Each table will be answer a set of facilitation questions and the feedback will be reported to the larger group. A master list of all responses to each of the facilitated discussion points will be provided to the group following the conference.

**Following the presentation, participants will be able to:**  
1. Identify resources and tools that have been used successfully in other clinics and could be adopted to their current practice.  
2. Distinguish various reimbursement and payment mechanisms for behavioral health.  
3. Describe the types of data needed to support behavioral health integration.

**Biography: Kayla Rose** began her role as the Director of Practice Improvement Programs for the Kentucky Primary Care Association in 2015. Kayla’s role supports a Quality Improvement Program to support practice transformation with the overall goal of controlling costs, improving health outcomes and enhancing revenue.
Time | Presentation
--- | ---
3:45 to 4:45 pm | In her role, she also promotes the expansion of comprehensive integrated and high quality primary care serves through policy advocacy, collaborative partnerships, and systems change. Prior to coming to the KPCA, she was a Senior Consultant/Project Manager with a consulting firm and her role supported states on operational aspects of the Electronic Health Records (EHR) and Human Services programs as well as the Urban Institute and Centers for Medicare & Medicaid Services (CMS) to deliver training and technical assistance to state Medicaid EHR programs. Kayla has served in leadership roles previously as Executive Director of the Northeast Kentucky Regional Health Information Organization and the Center Director for the Northeast Area Health Education Center. She has previous higher education teaching experience, and has completed her Master Degree in Adult and Higher Education and has coursework toward her Ph.D. in Educational Leadership.

4:45 pm | Next Steps
 | Closing Remarks
 | Door Prizes
 | Adjourn

**Target Audience:**

This conference is designed for KPCA members, who have integrated behavioral health services and/or are considering integration, to have an opportunity to network and meet with others with the same objective. The KPCA listened to the feedback provided by member evaluations requesting an ongoing annual conference dedicated specifically to Behavioral Health. This includes; Social Workers, Behavioral Health Therapists, psychologists, C-Suite, Physicians, Nurse Practitioners, Physician Assistants, and Nursing.

**Continuing Education Information**

**Physician, Physician Assistant, Nurse Practitioner:** Application has been made to the Southern Kentucky Area Health Education Center. This program has been submitted for category 1 credit. The Southern Kentucky AHEC is accredited by the Kentucky Medical Association (KMA) to sponsor continuing medical education for physicians. The Southern KY AHEC designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the (Credit Pending)

**Nursing:** Application has been made to the Southern Kentucky Area Health Education Center. (Credit Pending)

**Psychology:** This program has been submitted to the Kentucky State Board of Examiners in Psychology for Psychology credit. (Credit Pending)

**Social Work:** This program has been submitted to the Kentucky Board of Social Work. (Credit Pending)

Attendance Requirement

Participants must stay for the entire session, complete a continuing education form and complete an evaluation to be awarded continuing education credit hours. Credit should only be claimed for hours attended.

Planning Committee and Faculty Disclosures

All planners, speakers, authors, reviewers, and staff members involved with content development for continuing education activities sponsored by the Kentucky Primary Care Association are expected to disclose any real or perceived conflict of interest related to the content of the activity. Detailed disclosures will be included in participant materials or given prior to the start of the activity. All individuals involved disclosed that they have nothing to disclose. The Planning Committee may substitute comparable presentations and speakers in the event of an unforeseen emergency.

Disclaimer The Kentucky Primary Care Association presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentation is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.