



Dr. Rebecca Mollard, PhD

Rebecca Mollard is an expert in the area of nutrition, diabetes, obesity and clinically managed weight loss.

Her research focuses on the acute and long-term effects of foods and food components on glyceimic, appetite and food intake control.

She has conducted multiple acute and long-term clinical trials, including projects testing the effects of hemp protein on post-prandial glycaemia and satiety. She is a Clinical Research Associate at the Chronic Disease Innovation Centre at Seven Oaks Hospital and is an Adjunct Professor in The Department of Food and Human Nutritional Sciences at the University of Manitoba.

